

YEAR	EVENT NAME	RESOURCE PERSON
2017-18	Women's health & hygiene	Ms Kavya Krishnan
2017-18	Women's Rights and Privileges	Dr Dhanya Sudhi
2017-18	Safety of Women at Work Place	Dr Nimmy Sabu
2018-19	Me against the odds	Dr Irene Ann Abraham
2018-19	Unleash you moves	Ms Vinitha Venugopalan
2018-19	Professional Practice and Family Life	Dr Pinky Varghese
2019-20	Cyber security	Ms Babitha BP
2019-20	Women in Leadership	Dr Usha Narayanan
2019-20	Choose to Challenge	Dr Usha Narayanan
2020-21	Choose to Challenge	Dr Usha Narayanan
2020-21	Breast Cancer Awareness	Dr Sushma
2020-21	Cyber Security for Digital Age	Ms Babitha BP
2021-22	Unleash the moves	Ms Vinitha Venugopalan
2021-22	Marrying Fitness and health	Mr Rajiv Ambatt
2021-22	Legal Awareness	Adv. Alphonsa Davis



No. IGIDS/B/605/23

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**CIRCULAR**

10.02.2023

The Women empowerment Cell of Indira Gandhi Institute of Dental Sciences is reconstituted and the members are as follows.







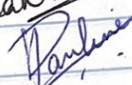



Chairman	Dr. Nadah Najeeb Rawther
Members	Dr. Nimmy Sabu
	Dr. Pinky Varghese
	Dr. Anjitha Devaraj
	Dr. Manju Babu
	Dr. Alana Paul
	Dr. Pauline Susan Palose
	Dr. Priya Babu
	Dr. Litu Mary Thampy
Student Union Chairman	Ms. Adithya Lekshmi
Intern Representative	Ms. Shahana Nizar
Student Representative	Ms. Gowri Parvathy

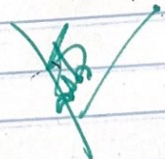
  
Principal

Copy to: All Departments



## Members Present:

1. Dr. Nadah Nayeb Rawther 
2. Dr. Nimmy Sabu 
3. Dr. Pinky Varghese 
4. Dr. Anitha Dorasamy 
5. Dr. Manju Babu 
6. Dr. Alana Paul 
7. Dr. Pauline Susan Paulose 
8. Dr. Palya Babu 
9. Dr. Little Mary Thamby 
10. Ms. Adithya Leshmi 



### **MINUTES OF WOMEN EMPOWERMENT CELL MEETING**

First meeting after women cell reconstitution with the new members

**Date: 15/02/2023**

**Time: 10:30 am**


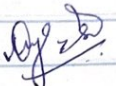
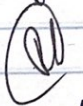


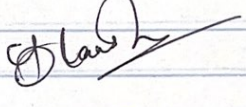
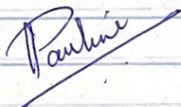

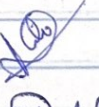
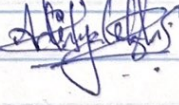
1. Preparation of action plan for women empowerment cell for the academic year 2023-2024
2. Discussions were made for the conduction of Women's cell events for the academic year 2023-24
3. Discussions were made to celebrate International women's day.
4. The members put forth their ideas to celebrate International women's day.

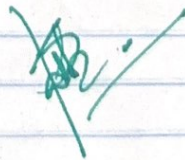
The meeting ended at 11:00 am





## Members Present:

1. Dr. Nadab Najeed Raveethes. 
2. Dr. Nimmy Sabu. 
3. Dr. Pinky Varghese. 
4. Dr. Anjitha Deraey. 
5. Dr. Manju Babu. 
6. Dr. Alana Paul. 
7. Dr. Pauline Susan. 
8. Dr. Palya Babu. 
9. Dr. Litu Mary Thampy. 
10. Ms. Aditya Lekshmi. 



**MINUTES OF WOMEN EMPOWERMENT CELL MEETING**

**Date: 21/02/2023**

**Time: 1:00 am**

1. It was decided to celebrate International women's day on 08/03/2023
2. Discussions were made to honour the senior cleaning service as part of the women's day celebrations.
3. Decided to conduct games and cultural fest.
4. It was decided to have a dance performance from the staff team.
5. Members put forth their suggestions to conduct a menstrual hygiene talk on this day.
6. Members put forth a suggestion to call Rachel (Tahsildar & Executive magistrate, Kothamangalam) as the chief guest for the day.
7. Members put forth an idea to give a concession on treatment charges exclusively for women patients on 8<sup>th</sup> march. The same has to be discussed with the Principal.
8. Discussions were made to provide the female students with sanitary napkins from the pharmacy at a minimal cost.

The meeting ended at 1:40 pm





## MEMBERS PRESENT:

Dr. Nadah.

*Signature*

Dr. Nimmy Babu

*Signature*

Dr. Lita Mary Thomas

*Signature*

Dr. Priya Babu

*Signature*

Dr. Anitha Devassy

*Signature*

Dr. Manju Babu

*Signature*

Dr. Pinky Varghese

*Signature*  
~~*Signature*~~

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**MINUTES OF WOMEN EMPOWERMENT CELL MEETING**

**Date:** 01/03/2023 ✓

**Time:** 9:00 am

1. All the members were informed about the Gynec camp being conducted in our college on 14 -03-23 by Nagelil hospital, Kothamangalam.
2. It was informed that there will be basic evaluation and screening for common gynecological disorders like menstrual irregularities, PCOs etc.
3. The evaluation and screening will be free of cost
4. Both the students and staff who are interested can register their names for the camp.

The meeting ended at 9:30 am

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