

22.07.2025

**INSTITUTIONAL ETHICS COMMITTEE - MINUTES OF MEETING HELD ON
22.07.2025**

An Institutional ethics committee meeting was conducted on 22nd of July 2025 to review the following research proposals submitted to the KUHS Research Appreciation Awards 2025-26 and four other research proposals (See Annexure 1) .

After consideration, the committee decided to approve all the 27 study proposals with a validity of 2 years.

The investigators are instructed to take re-approval after the end of term if necessary.

The investigators are requested to submit the progress report after 1 year to IEC for review.

Any change, modification or deviation in the protocol, or any adverse event must be informed to ethics committee.

Any protocol modification or amendment must receive IEC approval. Investigator should conduct the study as per the recommended **Good Clinical Practice guidelines**.


Dr. Jacob Kuruvilla
CHAIRPERSON
Institutional Ethics Committee
Indira Gandhi Institute of Dental Sciences
Nellikuzhi, Kothamangalam



CHAIR PERSON

Dr. Jacob Kuruvilla

**MEMBER
SECRETARY**

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**BASIC MEDICAL
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**SCIENTIFIC
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Dr. J Nandhakumar

LEGAL EXPERT

Adv. Ahammed
Thasleem

**SOCIAL
SCIENTIST
/THEOLOGIST**

Dr. Eldho T. Paul

LAY PERSONS

Mr. B S Nair

Email:

iec@igids.org

Annexure 1

KUHS Research Appreciation Award 2025-26

List of Topics, Students and Guides

Sl. No.	Topic	Student	Department	Guide
<i>KUHS Research Appreciation Award 2025-26</i>				
1	Awareness, Attitudes, and Challenges in Oral Palliative Care Among Clinical Dental Undergraduates: A Cross-Sectional Study in Southern India	Krupa Mol Antony (III BDS)	Oral and Maxillofacial Pathology and Oral Microbiology	Dr. Litu Mary Thampy
2	Prevalence of Accessory Cusps in Permanent Mandibular First and Second Molars – An Observational Cross Sectional study Among Young Adults in Kerala population.	Afrin (III BDS)	Oral and Maxillofacial Pathology and Oral Microbiology	Dr. Mary Oshin K X
3	Prevalence of Carabelli's trait and Cusp in Permanent Maxillary Molars among Young Adults in Kerala population - An observational cross-sectional study.	Nandana Vijay (III BDS)	Oral and Maxillofacial Pathology and Oral Microbiology	Dr. Pretty Prince
4	Knowledge, Attitude, and Awareness of Tobacco among Tobacco Users in Patients Visiting Dental Teaching Institution – A Questionnaire-Based Study	Shon Bejoy John (III BDS)	Periodontics	Dr. Riyas Karim
5	Awareness and knowledge of periodontal disease among secondary school teachers in Kerala, Kothamangalam region.	Anakha Brahman (III BDS)	Periodontics	Dr. Harish Chandran
6	Comparative analysis of periodontal health in orthodontic versus non orthodontic patients.	Vandana VA (III BDS)	Periodontics	Dr. Anakha Mariam Basil
7	Credibility of information on websites regarding home-based remedies for common dental problems- A cross-sectional study	VR Gowri Priya (III BDS)	Public Health Dentistry	Dr. Subramaniam R
8	YouTube videos as a source of information on etiology and prevention of oral cancer - A content analysis	Safa Faisal (III BDS)	Public Health Dentistry	Dr. Jesline Merly James
9	Content analysis of mouthwashes commercially available in India – An observational study	Anoodh Basheer (III BDS)	Public Health Dentistry	Dr. Priya Babu

10	Prevalence of Internet Gaming Disorder and associated risk factors among dental students in Kerala – A Cross-sectional study.	Resmi N (III BDS)	Pedodontics	Dr. Darsana Krishnan
11	Awareness and knowledge of rational antibiotic use in Pediatric dentistry: A survey among Dental college professionals in Kerala.	Jewel Leya Manoj (III BDS)	Pedodontics	Dr. Nezy Susan Varghese
12	Parental insight into drug abuse among children and its effects on child health – A Questionnaire survey.	Soorya C (III BDS)	Pedodontics	Dr. Sreelakshmi V
13	Effect of different wavelengths of diode Laser on the bond strength of composite fiber posts to root dentin	Joel Thomas (II BDS)	Conservative Dentistry and Endodontics	Dr. Priya R
14	Estimation of pH and buffering capacity of commonly prescribed pediatric liquid formulations in ayurvedic, allopathic and homoeopathic systems of medicine in Kerala	Ms. Navya Baby (III BDS)	Conservative Dentistry and Endodontics	Dr. Gis George
15	Evaluation Of Styloid Process on Digital Panoramic Radiographs: A Retrospective Study	Alitta Thomas (III BDS)	Oral Medicine and Radiology	Dr. Shabil Mohamed Mustafa
16	Panoramic Radiographic assessment of mental foramen position in the Central Kerala population- A Retrospective study	Irene Reeba Raju (III BDS)	Oral Medicine and Radiology	Dr. Nadah Najeeb Rawther
17	Morphological Variations of the Mandibular Condyle: A Panoramic Radiographic Study	Aaliya Ismael (III BDS)	Oral Medicine and Radiology	Dr. Divya Nair
18	Impact of Educational Interventions on Dental Students' Knowledge, Attitude, and Practice Regarding Sharp Object Injuries	Hrithik (II BDS)	Oral Medicine and Radiology	Dr. Gigi Roy
19	Motivation, Expectations and Understanding of patients and their parents seeking orthodontic treatment in Kerala population – a questionnaire study	Devika Muralidharan (III BDS)	Orthodontics	Dr. Alen Eldho
20	Orthodontic treatment choices among young adults in Kerala: fixed treatment Vs aligners – A questionnaire based study	Parvathy Sudheesh (III BDS)	Orthodontics	Dr. Arsha Darsh
21	The association between problematic smartphone use and severity of temporomandibular disorder: A cross- sectional study	Devananda Shibu (II BDS)	Prosthodontics	Dr. Pinky Varghese

22	Awareness and attitudes towards digital prosthodontics among dental students in Kerala: A cross-sectional survey	Leona Mariam Thomas (II BDS)	Prosthodontics	Dr. Ann George
23	Effect of White Noise on Preoperative Anxiety Before Local Anesthesia in Dental Extractions: A Comparative Study	Joshua John Panicker (III BDS)	Oral and Maxillofacial Surgery	Dr. Joju George
<i>Other Research Proposals</i>				
24	Assessing Jargon usage in clinical case reports-A cross sectional multicentric study	Josy B Jose (Intern)	Public Health Dentistry	Dr. Subramaniam R, Dr. Jesline Merly James, Dr. Priya Babu
25	Comparative evaluation of effectiveness of AI generated video and tell show do technique in reducing anxiety and improving behavioral outcomes in children undergoing conscious sedation in a dental operatory – A randomized control trial	Dr. Nezy Susan Varghese	Pedodontics	Faculty
26	Assessing Awareness, Attitude and Challenges among clinical dental undergraduates in oral palliative care- A cross-sectional study	Arundathi Sivan (Intern)	Oral and Maxillofacial Pathology and Oral Microbiology	Dr. Litu Mary Thampy
27	Prevalence of shovelling and winging among young adults in Kerala population – A cross-sectional pilot study	Arya R Nair (Intern)	Oral and Maxillofacial Pathology and Oral Microbiology	Dr. Pretty Prince