

Anatomy Day Celebration Report



Date: October 27, 2023

Participants:

BDS students from batches 2023, 2022, and 2020

Activities Conducted:

Face painting competition of anatomy structures.

Dumb charades competition on proverbs

Event Highlights:

On behalf of World Anatomy Day (15th October), a celebration was held on October 27, 2023. It was a vibrant gathering attended by students and faculty alike. The event kicked off with a warm welcome speech by the faculty of Anatomy Department, acknowledging the significance of the day and encouraging participation in the activities planned.

Students showcased their creativity in face painting, with intricate designs highlighting anatomical themes. The anatomy structures competition tested participants' knowledge and understanding of anatomical details, fostering a spirit of academic engagement among the attendees.

A unique twist was added with the Dumb Charades competition themed around proverbs, providing entertainment while challenging participants' quick thinking and teamwork skills.

The event concluded with a gracious vote of thanks extended by faculty members, expressing gratitude to all participants and attendees for their enthusiastic involvement.

The presence of Heads of Departments and faculty members from various disciplines added to the event's success.

Overall, the Anatomy Day celebration was a resounding success, blending educational activities with creative expressions and ideas.



CDE PROGRAM REPORT

A CDE program was conducted by the department of anatomy on 15th October 2022 on behalf of International Anatomy Day. The program was held at the CDE Hall from 8.30 am to 10.30 am. The session started with a prayer song, followed by welcome speech by Ms. Renu Mathews, Sr. Lecturer & academic in-charge of the Department of anatomy. The Vice Principal Dr. Eldho T. Paul and Academic Dean, Dr. Sanu Tom Abraham have delivered messages on behalf of the Anatomy Day. A presentation on the life and works of Dr. Andreas Vesalius, Father of modern anatomy was given by the department of anatomy. The department conducted a quiz competition based on anatomy and general knowledge. The name of the teams for the competition was given in the form of Dumb charades. There was also a Clay modelling competition for evaluating the subject knowledge as well as their artistic skills. At the end the winners of quiz and clay modelling competitions were awarded prizes and certificates. Around 100 students and faculties from various departments attended the program. The program ended with vote of thanks by Ms. Kavyakrishna. G of Anatomy Department followed by National anthem.

Departmental biennial report (2024–2026), Department of Biochemistry, IGIDS

To

The Principal, Indira Gandhi Institute of Dental Sciences (IGIDS)

From

Dr. Dhanya Sudheesh, Head of Department

February 5, 2026

Subject: Summary of Departmental Activities and Future Academic plans.

Sir,

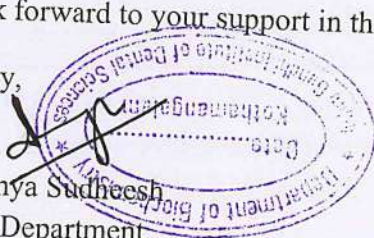
This report outlines the updates of the Department of Biochemistry's progress over the last two years.

During this time, we focused entirely on improving our classroom teaching and laboratory work. Because we prioritized these academic upgrades, we did not host any external seminars or workshops during this period.

However, our internal academic records remain strong, and we have successfully completed all student assessments on time. We are now preparing a new plan for the upcoming year that includes inviting biochemical experts to discuss recent advancements in the subject, to further benefit our students.

We look forward to your support in these new activities.

Sincerely,



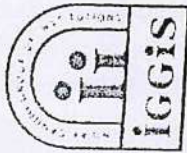
Dr. Dhanya Sudheesh
Head of Department,
Department of Biochemistry, IGIDS.

13th June 2024

Hypertension awareness program was conducted by department of Physiology on 13/6/24 under the name "Measure your blood pressure accurately, control it, live longer"

There was a talk by Dr Shwetha Jose , Reader and HOD of Pathology to both teaching and non teaching staff of IGIDS on the same day.

The topics covered general areas of hypertension with more specifics on prevention of risk factors.



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DENTAL SCIENCES
Kottamangalam



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Step
to
future

CERTIFICATE OF APPRECIATION



This certificate is presented to

DR SHWETHA JOSE

for being the Speaker in the Seminar on:

**Measure your blood pressure accurately,
control it, live longer**

organized by Department of Physiology on 13th June, 2024.

Haji K. M. Pareeth
Chairman

Dr. Sanu Tom Abraham
Principal

Dr. Nithi Varghese
Head of Department

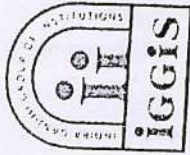
22nd October 2024

Department of General Pathology conducted a breast cancer awareness talk for the teaching faculty of IGIDS on 22/10/2024.

Dr Shwetha Jose , Reader and HOD of Pathology conducted the talk.

The talk was based on risk factors, screening program, BSE etc.

There was discussion on the topic afterwards.



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CERTIFICATE OF APPRECIATION



This certificate is presented to

DR SHWETHA JOSE

for being the Speaker in the CDE Programme on:

Breast Cancer Awareness

organized by Department of General Pathology and Academic forum
on 22nd Oct, 2024.

Haji K. M. Pareeth
Chairman

Dr. Sanu Tom Abraham
Principal

Dr. Gis George
Organising Chairman

Dr. Anjitha Devaraj
Organising Secretary

DEPT OF ORAL MEDICINE & RADIOLOGY

2024

Interns **Amrutha** delivered a paper on Artificial Intelligence – Redefining Dentistry and secured **first** place and **Akhila** presented a paper on Virdentopsy- The Art of Non-Surgical Autopsy in UG paper presentation at the prestigious **54th Kerala State Dental Conference** on 5, 6, 7 January 2024 held at Sulthan Bathery, Wayanad.

Aamir Bin Nazar, final year student secured **first** prize in paper presentation in paper presentation on Nano Enhanced Therapeutics- Progress And Prospects In Treating Oral Squamous Cell Carcinoma in IOCCON 2024- International Oral Cancer Congress conducted by National Health Academy, India in association with University of Peradeniya, Sri Lanka on 1st February 2024. Intern **Amrutha S Menon** also presented a paper on Precision Beyond Perception: The Role of AI in Transforming Oral Cancer Diagnosis and Treatment.

Dr Shabil Mohamed Mustafa attended the Faculty Development Training Program- Phase II- Batch II in Medical Education Technology for the Faculty of Dental Colleges affiliated to KUHS conducted by Academic Staff College from 28/2/24 to 1/3/24 at KUHS Headquarters Thrissur. He further participated in Health Research Methodology and Data Analysis Workshop held on 5th and 6th April 2024 conducted by the Department of Public Health dentistry in association with IQAC and DEU, Mar Baselios Dental College. A Faculty development programme was conducted by Dr Shabil Mohamed Mustafa on topic specific learning objectives at IGIDS.

Interns from Dept of Oral Medicine and Radiology prepared English and Malayalam pamphlets for tobacco cessation and Malayalam **pamphlet for Oral Cancer Awareness** Month as part of their internship project which was released by **Principal Dr Sanu Tom Abraham**.

Interns **S Gowri Parvathy** and **Noureen V Shanavas** attended an online quiz competition conducted by the Department of Oral Medicine and Radiology, KLE, Belgaum under the aegis of Indian Academy of Oral Medicine and Radiology (IAOMR) for the Interns of Dental colleges all over India on 22nd April 2024 on account of National Oral Medicine and Radiology Day.

Dr. Noureen V Shanavas secured **first place** in Interns Category for poster making competition on topic AI in Oral Medicine and Radiology on National Oral Medicine and Radiology Day on 24th April 2024 which was conducted by Sri Rajiv Gandhi College of Dental

on 24th April 2024 in observance of Oral Medicine and Radiology day. The speaker of the day was **Dr Gigi Roy** and the topic was The Oral Cavity: A Diagnostic Gateway to Systemic Diseases.

Oral Medicine and Radiology toppers **Sandeep S and Athira B** were given mementos by Dr Sanu Tom and Dr Bijoy. Patient and student education videos on **Self Examination of oral cavity and Ergonomics** were released by Dr Sanu Tom and Dr Bijoy.

Interns **Akhila A S And Ameena M Siyad** secured first prize in scientific poster presentation on topic Assessing The Validity Of AI Technologies For Identifying Relevant Literatures In Dentistry in two-day credit course "Demystifying Dental AI: Unveiling The Future Of Research And Practice" on May 15th and 16th at Saveetha Dental College And Hospitals, Chennai. Intern **Noureen V Shanavas** also submitted scientific poster on Beyond The Brush: AI's Dental Fusion.

Dr Divya Nair and **Dr Gigi Roy** attended International Tobacco Cessation Training Program by CynoDent on 28th May 2024 and **Dr Gigi Roy** attended an online training on Tobacco Control and Cessation (TCC) by Indian dental Association on 31st May 2024.

Dr Shabil and Dr Nadah attended OMRiKON 24, National IAOMR UG Convention 2024 hosted by ASMIK and Dept of Oral Medicine and Radiology, Govt Dental College, Calicut on 28th and 29th September.

Dr Nadah presented a paper on Disorder with a Distinction- Charge Syndrome and secured best paper award. She also got second prize for essay competition. She attended preconference course on AI Powered dentistry-Enhancing diagnosis and treatment.

Dr Gigi presented a poster on Bacteriophage- Rediscovering nature's hidden genius and bagged best poster award. She also presented paper on Minor salivary gland neoplasm- A call for vigilance.

Dr Divya presented a poster on Carbon nanotubes- A potential cargo for chemotherapy.

Dr Shabil, Dr Nadah, Dr Divya and Dr Gigi guided students and interns for paper and poster presentations. They chaired sessions for paper and poster presentations.

Interns **Al Salna** presented a paper on Salivomics in dentistry-Pioneering the Future of Early Diagnosis and Oral Health and poster on Salivomics-Revolutionising dentistry with cutting edge diagnostics, **Aiswarya Vinod** presented a paper on Radomics-A step closer to imperceptible imaging and poster on Radomics- A new era of precision and prediction, **Ameena** presented a paper and poster on Beyond gravity- Revolutising dentistry for space

Final year part A students **Ardra BS** presented a paper on CBCT assessment of mandibular ramus for gender determination- An observational cross-sectional study and poster on role of carbon dots in combating oral disease, **Gayathri M** presented a paper on CBCT evaluation of root resorption of teeth adjacent to untreated impacted maxillary canine: A cross sectional observational study and poster on Fullerenes: A promising approach in future oral cancer treatment, **Yadav** presented a paper on Narrow band imaging: Illuminating new horizons in early diagnosis of oral cancer, **Gopika** presented a paper on Effectiveness of an educational video in enhancing oral cancer knowledge among non teaching staff in dental teaching institute- An interventional study and poster on. She bagged best paper and poster award.

Third year students **Lakshmi S** presented a paper and poster on Role of antioxidants in the management of osmf, **Anupama** presented a paper and poster on Oral cancer diagnostics: A new era of hope and healing , **Joaena and Revathi** presented a paper on Vitamin D and Oral Health- From gamete to grave and poster on Vitamin D: Sunshine nutrient for a radiant smile , **Aleya and Rose** presented a paper on Chip Off The Old Block: DNA Chip Technology In Oral Medicine and poster on DNA decoded: Uncovering oral health secrets with chip technology, **Aleena Davis** presented a paper and poster on Baicalin as antifibrotic herb in osmf. Aleena got best poster award.

Dr Nadah took lecture on topic Extraoral Radiology on 18th October and **Dr Divya** took lecture on Ulcerative Red and White Lesions on 2nd October in 3rd Rapid Review in Oral Medicine and Radiology for final year BDS students by Azeezia College of Dental Sciences and Research, Kollam from 16th october to 2nd November 2024.

Gopika S Menon final year student done a paper presentation on Minor salivary gland neoplasm- A call for caution and poster on Bioimpedance- heralding a new era of oral cancer diagnosis on 16th Interdents on 24th October 2024 held at Mar Baselios Dental College Kothamangalam. She bagged first prize for poster presentation. **Dr Divya Nair** chaired sessions for poster presentations.

Projects done by **Dr Shabil Mohamed, Dr Nadah Najeeb, Dr Divya Nair and Dr Gigi Roy** have been approved by KUHS for the next stage of KUHS Research Appreciation Award 2024.

Dr Shabil and Dr Gigi attended 55th Kerala State Dental Conference- ALCON 2024 held at Ramada Alappuzha on 26,27 December 2024. **Dr Shabil Mohamed** attended preconference course on Occlusion Driven Dentistry- A Call to Open Your Occlusion Eyes and presented a paper on Outcome Based Learning and got first prize in paper presentation. **Dr Gigi** also presented a paper on Bacteriophage- Unveiling Nature's Secret Weapon. Interns **Gazala Sulthana** presented a paper on Dermatoglyphic Analysis: A Non Invasive Tool For Human

One Sample At a Time and secured first prize. **Athira and Akash** also presented a poster on Haptics- An Expanding Horizon in Dentistry.

2025

Dr Nadah and Dr Divya attended 6th Annual Triple O State Conference (Kerala Chapter) held in Government Dental College, Kottayam on 11th January 2025. **Dr Nadah** Presented a paper on Evaluation Of Micronuclei Of Buccal Mucosa In Tobacco Users- a Comparative Study and **Dr Divya** presented a paper on Masquerading Mandibular Swelling- An Unusual Case Report. Interns **Gazala Sulthana** presented a paper on From Local To Systemic: The Impact Of Periodontal Infections On Overall Health and bagged second prize. Interns **M S Anirudh and Adonia Meriyam Daniel** also presented a paper on The Paradox of Oral Microbiome, **Athira and Akash** presented a paper on Maxillary Sinusitis Of Endodontic Origin- A Dental Perspective On Sinus Health and Third year students **Nidhi and Aaliya** presented a paper on Cutting Edge Nanomaterials- Revolutionizing Antibacterial Treatments for Oral Diseases.

Adon Jose, a 2nd year student has achieved a remarkable milestone with the approval of his ICMR STS Project Proposal under the first and second category guided by **Dr Divya Nair**.

Intern Arya Nair got third prize in paper presentation titled at the prestigious 75th Indian Dental Conference 2025 and MIDAS 2024 held at Chennai Trade Centre Nandanbakkam from February 7th to 9th 2025.

Interns and final year students presented paper and poster at IAOMR National UG Conference held at Sri Ramakrishna Dental College on 23rd April 2025 and bagged many prizes. **Dr Gazala Sulthana** done paper presentation on Visualizing Sleep: The Transformative Role Of Imaging In Obstructive Sleep Apnea and secured first prize, **Dr Milka Achu Koshy** done paper presentation on Juvenile Ossifying Fibroma- A Rare Aggressive Craniofacial Tumor and secured second prize, **Dr Josy B Jose** done paper presentation on Decoding Mandibular Radiolucency: An Unusual Case Report and secured second prize, **Dr Arya R Nair** done paper presentation on Oral Gut Axis and secured third prize, **Dr Bibinsha VB and Dr Athullia K** done poster presentation on Byte Into Better Health: A New Era In Oral Health Monitoring and secured first prize. Third year students **Irene Reba Raju** done paper presentation on Unravelling progressive systemic sclerosis: a clinico-radiological case report and secured second prize, **Afrin Ashraf and Alitta Thomas** done poster presentation on The Invisible Revolution Nanorobotics and secured third prize. Interns like **Dr Athiya Ferah and Dr Mariyam Vaheedudeen** also done paper presentation on Autophagy and Oral Cancer and Pharmacogenomics respectively. Third students like Awin Wilson and Chrestin Shibu done

A faculty development program was organized by Dept of Oral Medicine and Radiology and Academic forum on 24th April 2025 in observance of **Oral Medicine and Radiology day**. The speaker of the day was **Dr Nadah Najeeb Rawther** and the topic was Meth, Mouth and Beyond. The talk was followed by a quiz competition. It was started with five teams, two participants in each team. First and second prize winners were given mementoes. Oral Medicine and Radiology toppers **Ardhra B S and Sneha Sam** were given mementos by Dr Sanu Tom and Dr Bijoy. All the participants of the 6th Annual Triple O State Conference, the 75th Indian Dental Conference 2025, and the IAOMR National UG Conference 2025 were presented with mementoes as a token of felicitation.

Dr Shabil Mohamed Mustafa and Dr Gigi Roy attended Virtual National Level Training and Capacity Building of Dental Professionals in Tobacco Cessation from 3rd June 2025 to 5th June 2025 conducted by National Resource Centre for Oral Health and Tobacco Cessation in Maulana Azad Institute of Dental Sciences.

Dr Shabil Mohamed Mustafa served as an observer for the Faculty Development Program in Medical Education Technology held on 7th August at Annoor Dental College and Hospital, Muvattupuzha.

Dr Shabil Mohamed Mustafa served as an observer for the Faculty Development Program in Medical Education Technology held on 24th September at St. Gregorios Dental College, Chelad.

Dr Shabil Mohamed Mustafa attended series of webinars, offline lectures and hands on session in ASMIK Skill Enhancement Program- The Art of CBCT Reporting from 16/08/2025 to 03/11/2025. Dr Shabil Mohamed Mustafa was the esteemed resource person on August 30 in ASMIK Skill Enhancement Program- The Art of CBCT Reporting for lecture and hands on session on topic Imaging Software In Cbct Integration & Clinical Implementation at Hotel South Park, Trivandrum and Second hands on session on 30th November 2025 at Calicut Dental College.

Dr Gigi Roy attended series of webinars in ASMIK Skill Enhancement Program- The Art of CBCT Reporting from 16/08/2025 to 03/11/2025.

Dr Shabil Mohamed Mustafa attended **36th NATIONAL CONFERENCE OF IAOMR 2025** on November 21st to 23rd hosted by DY Patil Deemed to be University, School of Dentistry, Nerul, Navi Mumbai.

Dr Shabil Mohamed Mustafa attended 56th IDA Kerala State Dental Conference 2025. He was moderator for three keynote lectures and chaired pg paper presentations.

Dr Gigi Roy attended 56th IDA Kerala State Dental Conference 2025. Done paper on '3D

Dr Nadah Najeeb Rawther attended 56th IDA Kerala State Dental Conference 2025. Done paper presentation on topic SMACK THE WHITE JUNK - Decoding the Debilitating effects of Drug Abuse.

SL NO	INTERN /STUDENT	NAMES	PAPER/ POSTER	TOPIC	PRIZE
1.	I	ACHSAH PHILIP	PAPER	Prevalance Of Tobacco Associated Oral Mucosal Reactions Among Adult Population In Kothamangalam Taluk: A Cross-Sectional Study	FIRST
2.	I	ACHSAH PHILIP, FATHIMA AL ZUHRA	POSTER	Unmasking Obstructive Sleep Apnoea- A Dental Perspective	-
3.	I	ARDRA	PAPER	Cbct Assessment Of Mandibular Ramus For Gender Determination- An Observational Cross-Sectional Study.	-
4.	I	ARDRA	POSTER	Maintaining Oral Health- Essential Role Of Zinc Adequacy	THIRD
5.	I	CHANDANA GOPAKUMAR	PAPER	The Silent Strain:Unveiling Mental Health Challenges In Dentistry	-
6.	I	CHANDANA, RASLA	POSTER	Nanoenzymes- Redefining the antibacterial strategies in dentistry	SECOND
7.	I	AJAY	PAPER	Radiation safety and standards during 3D CBCT imaging	-

				Bridging Science And Compassion In Mass Disaster Victim Identification	
9.	I	AJAY, YADAV	POSTER	Decoding Identity: The Forensic Potential For Tongue Print	-
10.	F	ABHAY	POSTER	Sports Dentistry- The Game Changer	-
11.	F	ATHIRA ELIZABETH	PAPER	Interplay Of Estrogen And Genetics In The Pathogenesis Of Tmj Disorders	FIRST
12.	F	ATHIRA ELIZABETH	POSTER	Her Hormone, Her Gene, Her TMJ	SECOND
13.	F	FATHIMA NA	POSTER	Iron Out The Deficiency- Straighten Your Smile!	-
14.	F	AKSA JINU	PAPER	Methamphetamine And Oral Health	-
15.	F	AKSA JINU	POSTER	Crystal To Cavities- The Story Of Meth Mouth	-
16.	F	GRAINA	POSTER	Vitamin C And Oral Health- From Prevention To Healing	-
17.	F	ROSE MARY	PAPER	Oral Manifestations Of Autoimmune Diseases	-
18.	T	IRENE	POSTER	Beyond Conventional Imaging: Cbct In Tmj Disorder Detection	-
19.	T	AALIYA ISMAYEL AFRIN	POSTER	Why Grinding Matters? Exploring the bruxism- temporomandibular joint disorders relationship.	-
20.	T	AKSHAYA	POSTER	FROM MEDIC REMEDIES TO	

21.	T	AMRUTHA S PAVITHRAN	PAPER	Non healing traumatic ulcer	-
22.	T	ANAKHA BRAHMAN	PAPER	Healing From Within: Emerging Horizons Of Stem Cells Therapy In Dentistry	-
23.	T	SAFA	PAPER	Oral Biobank	THIRD
24.	T	VANDANA	POSTER	Oral Piercing- A Destructive Fashion Statement	-

2026

Dr **Shabil Mohamed Mustafa** became **PhD supervising Guide** approved by the Kerala University of Health Sciences.

Events conducted.

- A CDE program was organized by Dept of Oral Medicine and Radiology and Academic forum on 24th April 2024 in observance of **Oral Medicine and Radiology day**. The speaker of the day was **Dr Gigi Roy** and the topic was The Oral Cavity: A Diagnostic Gateway to Systemic Diseases.
- Department of Oral Medicine and Radiology celebrated **Oral Cancer Awareness Month** on April 2024. We had given awareness talk to public, pamphlet distribution and self-screening demonstration video every day.
- In observance of **World No Tobacco Day 2024**, a series of programs were conducted from May 20th to June 5th which were as follows: Final year students done posters related to tobacco use and cessation for patient education purpose, statewide awareness talks for **ASHA workers by Dr Divya Nair and Dr Gigi Roy** on the ill effects of tobacco in the oral cavity in Malayalam which was launched by Association of Stomatologist and Maxillofacial Imageologist in Kerala (ASMIK) in collaboration with Health and Family Welfare Department, **awareness talk for the students by Dr Divya Nair on the topic 'Protecting Children From Tobacco Industry Inference'** which was the theme for World No Tobacco Day 2024, **guest lecture on Tobacco Associated Oral Lesions for staffs in Indira Gandhi College of Arts and Science by Dr Nadah Najeeb Rawther**, No Tobacco Pledge by Ministry of Health and Family Welfare was conducted among students and interns, awareness talk and self-screening demonstration videos were presented for the patients by final year students on the topic Tobacco and Oral Cavity, pamphlets were also

Public Health Dentistry in Asamanoor village panchayath on 30th May 2024 and for migrant labourers in Perumbavoor bus stand on 31st May 2024.

- In observance of **World Cancer Day on February 4th 2025**, awareness talk and self-screening demonstration videos were presented for the patients by interns on the topic Oral Cancer, pamphlets were also distributed among patients.
- Department of Oral Medicine and Radiology celebrated **Oral Cancer Awareness Month on April 2025**. We had given awareness talk to public, pamphlet distribution and self-screening demonstration video every day, No drugs pledge was taken by all students and interns.
- A faculty development program was organized by Dept of Oral Medicine and Radiology and Academic forum on **24th April 2025** in observance of **Oral Medicine and Radiology day**. The speaker of the day was **Dr Nadah Najeeb Rawther** and the topic was Meth, Mouth and Beyond. The talk was followed by a quiz competition. It was started with five teams, two participants in each team. Interns Hena and Gazala won first prize. Intern Meenakshi and Finla year student Siddarth got second prize. First and second prize winners were given mementoes.
- In observance of **World No Tobacco Day 2025**, awareness talk and self-screening demonstration videos were presented for the patients by interns on the topic Oral Cancer, pamphlets were also distributed among patients. Dental awareness camp and oral cancer screening was also conducted in collaboration with Department of Public Health Dentistry for migrant labourers in Perumbavoor bus stand on **31st May 2025**. A webinar was taken by **Dr Nadah Najeeb Rawther** on the topic “From Emotion to Erosion: The Oral Dimensions of Drug Abuse” which was conducted by Azeezia College of Dental Sciences and Research on 29th May 2025. Interns Afaf, Hridya and Afna dressed up as a cigarette and tobacco on May 31st, 2025. They visited all departments and asked questions related to Tobacco and smoking. Those who answered correctly were given toothbrushes and toothpaste as gifts.
- A CDE program was organized by Dept of Oral Medicine and Radiology and Academic forum on **5th July 2025 in observance of World Head and Neck Cancer Day, 2025**. The speaker of the day was **Dr. Cessal Thommachan Kainickal, Additional Professor, Head and Neck Clinical Oncology, RCC TVM** and the topic was Outline of Oral Cancer Management with Emphasis on Dental Care.
- Dr. Nadah Najeeb Rawther, Dental Director of IGIDS, was the esteemed resource person for Anti Drug Awareness on Deadly Devour of Drug Abuse From Head to Toe was conducted on August 8 2025 in CDE Hall, IGIDS. This was organised by Nerkoottam, IGIDS.
- A CDE program on “Seeing beyond the surface- Role of ultrasound in oral and

Our distinguished speaker was **Dr. Fathima Shirin CR.** This was continued with the rangoli competition, creating a vibrant atmosphere.



INDIRA GANDHI
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Department of Prosthodontics

Report 2024-2026



Staff Achievements

Dr Miriam Mathew

- Dr Miriam was elected as Diplomate of American Board of Craniofacial Pain

Dr Minu Raju

- Dr Minu was appointed as PHD guide by the Kerala university of health sciences, Thrissur.
- Dr Minu was appointed to the research panel for KUHS research awards by the Kerala university of health sciences, Thrissur.

SL NO	Title of the Articles	Journal Details
1	Impact of Artificial Intelligence (AI) on predicting marginal fit and esthetic outcomes for custom implant abutments.	Bioinformations 2025; 21(10): 3962–3967.
2	Assessment of the Anti-bacterial Properties and Cytocompatibility of Implant Coatings Incorporating Antimicrobial Agents: An In vitro Study	Journal of Pharmacy and Bioallied Sciences, 2024.
3	Comparative analysis of long-term success rates and patient satisfaction among different implant placement techniques for implant-supported restorations: A Prospective Clinical Trial	Journal of Pharmacy and Bioallied Sciences, 2024.
4	Comparative evaluation of Dimensional Stability of Elastomeric Impression Materials subjected to ultraviolet irradiation and sprayed atomized disinfection: An In vitro Study	Dental Journal of Advanced Studies, Vol. 12, Issue 2 (May–August 2024).



Dr Pinky Varghese:

- Dr Pinky's Research project was awarded the KUHS research appreciation award 2024
- Dr Pinky's Research project was selected for the KUHS research appreciation award 2025

S.No.	Title of the Articles	Journal Details
1.	The Enigmatic Odontogenic Keratocyst; A Cross –Sectional Study of Odontogenic Cysts and Tumours Using Ki-67	Rambam Maimonides Med J 2025;16 (3)

Dr Ambil Ravindran P

SL. NO	TITLE OF THE ARTICLES	JOURNAL DETAILS
1.	Stress distribution by parafunctional loading on Tooth–implant, implant–implant, and tooth–tooth-supported Prosthesis: a comparative three-dimensional finite element Analysis	Ravindran PA, Raghavan R, Christopher K, Sramadathil S, George A, Sasi AK. Stress distribution by parafunctional loading on tooth–implant, implant–implant, and tooth–tooth-supported prosthesis: A comparative three-dimensional finite element analysis. J Indian Prosthodont Soc 2024;24:391-6.
2.	A comparative evaluation of the wettability of two denture base material to artificial saliva and distilled water :an in vitro study	Sasi AK, Thomas W, Revathy CV, Murali V, Dhanya VH, Ravindran A. A comparative evaluation of the wettability of two denture base materials to artificial saliva and distilled water: An <i>in vitro</i> study. J Nat Sci Med 2025;8:199-203.
3.	Evaluation of temperature changes at the impant-bone interface during splinting of impression coping with auto polymerizing resin : an in vitro study	Sramadathil S, Philip CK, Revisudhan JK, John LS, Ravindran PA, Thomas A. Evaluation of temperature changes at the implant-bone interface during splinting of impression coping with auto polymerizing resin: An <i>in vitro</i> study. J Nat Sci Med 2025;8:297-302.
4.	Liquid-supported dentures: a boon for flabby ridges.	Ambili Ravindran P., Sethu S. Liquid-Supported Dentures: A Boon for Flabby Ridges. Clinical Dentistry 2025; XIX; 39-43 https://doi.org/10.33882/ClinicalDent.15.35762



5.	Artificial intelligence in prosthodontics: anarrative review.	J Odontol Res 2024;12(1)20-4.
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Dr Sethu S

- Dr Sethu's Research project was awarded the KUHS research appreciation award 2024
- Dr Sethu received the certificate of Entrepreneurship Educator from the Kerala State Startup Mission

S.No.	Title of the Articles	Journal Details
1.	A Comparative Evaluation of Enamel Wear Against Different Surface Finished Ceramics: An In Vitro Study	Cherian J, Jay Journal Details akumar R, James J, et al. (September 04, 2023) A Comparative Evaluation of Enamel Wear Against Different Surface Finished Ceramics: An In Vitro Study. Cureus 15(9): e44689. doi:10.7759/cureus.44689
2.	Stress distribution by parafunctional loading on Tooth–implant, implant–implant, and tooth–tooth-supported Prosthesis: a comparative three-dimensional finite element Analysis	The journal of indian prosthodontic society
3.	Evaluation of temperature changes at the impant-bone interface during splinting of impression coping with auto polymerizing resin : an in vitro study	Sramadathil S, Philip CK, Revisudhan JK, John LS, Ravindran PA, Thomas A. Evaluation of temperature changes at the implant-bone interface during splinting of impression coping with auto polymerizing resin: An <i>in vitro</i> study. J Nat Sci Med 2025;8:297-302.
4.	Liquid-supported dentures: a boon for flabby ridges.	Ambili Ravindran P., Sethu S. Liquid-Supported Dentures: A Boon for Flabby Ridges. Clinical Dentistry 2025; XIX; 39-43



		https://doi.org/10.33882/ClinicalDent.15.35762
5.	Artificial intelligence in prosthodontics: anarrative review.	J Odontol Res 2024;12(1)20-4.

Dr Athira KS

S.No.	Title of the Articles	Journal Details
1.	A comparative evaluation of the wettability of two denture base material to artifical saliva and distilled water :an in vitro study	Sasi AK, Thomas W, Revathy CV, Murali V, Dhanya VH, Ravindran A. A comparative evaluation of the wettability of two denture base materials to artificial saliva and distilled water: An <i>in vitro</i> study. J Nat Sci Med 2025;8:199-203.
2.	Stress distribution by parafunctional loading on Tooth–implant, implant–implant, and tooth–tooth-supported Prosthesis: a comparative three-dimensional finite element Analysis	Ravindran PA, Raghavan R, Christopher K, Sramadathil S, George A, Sasi AK. Stress distribution by parafunctional loading on tooth–implant, implant–implant, and tooth–tooth-supported prosthesis: A comparative three-dimensional finite element analysis. J Indian Prosthodont Soc 2024;24:391-6.

Dr Mary V Gibi

- Dr Mary successfully completed Adolescent Health and well-being: A Holistic Approach



Dr Ann George

S.No.	Title of the Articles	Journal Details
1.	<p>Stress distribution by parafunctional loading on</p> <p>Tooth-implant, implant-implant, and tooth-tooth-supported</p> <p>Prosthesis: a comparative three-dimensional finite element</p> <p>Analysis</p>	<p>Ravindran PA, Raghavan R, Christopher K,</p> <p>Sramadathil S, George A, Sasi AK.</p> <p>Stress distribution by parafunctional loading on tooth-implant, implant-implant, and tooth-tooth-supported prosthesis: A comparative three-dimensional finite element analysis. J Indian</p> <p>Prosthodont Soc 2024;24:391-6.</p>



Student Achievement





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Mandasmitham- a Flagship program of the department of prosthodontics

The Mandasmitham program is a flagship initiative of the Department of Prosthodontics. It focuses on providing free denture to the deserving among the elderly members of the population, ensuring that individuals in need receive high-quality prosthetic dental care without any financial burden. This program is part of the department's commitment to community outreach and improving oral health for the underserved population.





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CDE & Value added courses

1. The role of stabilization Appliance in TMJ disorders & Myofascial pain and its fabrication techniques:

INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES
Nellikuzhi, Kothamangalam
ACCREDITED BY NAAC WITH A GRADE

Prosthodontists' Day Celebrations

The role of STABILISATION APPLIANCE
in TMJ disorders & Myofascial pain
and its fabrication techniques

9.00 am

Dr. Prisly Thomas
Speaker
MDS (Prosthodontist)
Diplomate - American Board of Orofacial Pain
Fellowship in Orofacial pain, TMD & Dental Sleep medicine, Roseman University, USA
Mastership in Orofacial pain, TMD & Dental Sleep medicine, Roseman University, USA
Assistant Prof: Believer's Church Medical College, Kerala

23RD JAN | **CDE HALL**

Followed by the distribution of prizes for competitions organized for students and interns.

ORGANIZED BY: DEPARTMENT OF PROSTHODONTICS, CROWN & BRIDGE

Indira Nagar,
Nellikuzhi, Kothamangalam, Ernakulam
98473 95555

Recognised Accredited Research Collaboration

igids.org
igdis_dental_college_

Title: The Role of Stabilisation Appliance in TMJ Disorders and Myofascial Pain and Its Fabrication Techniques

Speaker: Dr. Prisly Thomas, MDS Prosthodontist

Date: 23rd January 2025

Venue: CDE Hall, Indira Gandhi Institute of Dental Sciences, Kothamangalam

Introduction

An insightful add-on course on "The Role of Stabilisation Appliance in TMJ Disorders



and Myofascial Pain and Its Fabrication Techniques” was held on 23rd January 2025 at the CDE Hall, Indira Gandhi Institute of Dental Sciences, Kothamangalam. The session was led by Dr. Prisly Thomas, a distinguished MDS Prosthodontist, who brought in-depth knowledge and clinical experience to the topic of temporomandibular disorders (TMD) and the therapeutic use of stabilisation splints.

Objective

The main objective of the course was to provide a detailed understanding of the etiology and management of TMJ disorders and myofascial pain, along with step-by-step guidance on the design and fabrication of stabilisation appliances.

Course Highlights

- Overview of TMJ anatomy and common disorders
- Clinical features and diagnostic protocols for myofascial pain
- Role of occlusal appliances in managing TMD
- Indications, design principles, and materials used in stabilisation splints
- Demonstration of fabrication techniques with clinical tips and case discussions

The course was highly informative and enriching, offering a clear balance between theory and clinical application.

Outcome


The session was well-attended by undergraduate as well as faculty members. Dr. Prisly Thomas's expertise and engaging delivery made complex concepts more accessible. Participants appreciated the clinical relevance of the content and found the practical guidance on splint fabrication particularly valuable.

Conclusion

The add-on course on stabilisation appliances and TMJ disorders provided a strong academic and clinical foundation for managing patients with orofacial pain. The institution extends heartfelt thanks to Dr. Prisly Thomas for her valuable contribution and to the organizing team for ensuring the success of the event.



2. The Veneer Blueprint: Secrets to a Flawless Design Add-On Course Report




ADD ON COURSE

THE VENEER BLUEPRINT:

SECRETS TO A FLAWLESS DESIGN


Step
to
future



Speaker:

Dr. Abubaker Siddique

MDS (CONSERVATIVE DENTISTRY & ENDODONTICS)
Specialist Endodontist, Director - Whitefield Dentistry
United Arab Emirates



MODULE 1

25 APRIL 2025


MODULE 2

26 APRIL 2025




08:30 AM - 05:00 PM


Venue:
CDE Hall,
Preclinical Conservative Lab


Organised by:
Department of Prosthodontics, Crown & Bridge,
IGIDS



**INDIRA GANDHI
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DENTAL SCIENCES**
Nellikuzhi, Kothamangalam
ACCREDITED BY NAAC WITH A GRADE



 Indira Nagar,
Nellikuzhi, Kothamangalam, Ernakulam

 98473 95555

Title: The Veneer Blueprint: Secrets to a Flawless Design

Speaker: Dr. Abubaker Siddique

Designation: Specialist Endodontist & Director, Whitefield Dentistry, UAE



Date: 25th & 26th April 2025

Venue: Indira Gandhi Institute of Dental Sciences

Introduction

A two-day add-on course titled "The Veneer Blueprint: Secrets to a Flawless Design" was successfully conducted at Indira Gandhi Institute of Dental Sciences on 25th and 26th April 2025. The course was delivered by Dr. Abubaker Siddique, a renowned Specialist Endodontist and Director of Whitefield Dentistry, UAE, who brought immense clinical experience and expertise in esthetic restorative dentistry.

Objective

The course aimed to provide participants with a comprehensive understanding of veneer treatment planning, smile design, and clinical execution, with a strong emphasis on precision and esthetic excellence.

Course Highlights

- Day 1:
 - Basics of smile design and facial esthetic analysis
 - Case selection and conservative preparation techniques
 - Material selection, shade matching, and wax-up/mock-up concepts
- Day 2:
 - Clinical video demonstrations and workflow presentations
 - Temporization, bonding, and cementation steps
 - Common errors and their management
 - Case discussions and interactive Q&A

This program proved to be highly informative and enriching, offering participants not just theoretical clarity but also practical takeaways that can be directly applied in clinical practice.

Outcome

The event witnessed enthusiastic participation from undergraduate interns and faculty members. Dr. Abubaker Siddique's teaching style was widely appreciated for its clarity, engagement, and real-world applicability. Feedback highlighted that the program significantly enhanced the participants' confidence in handling esthetic veneer cases.

Conclusion

"The Veneer Blueprint: Secrets to a Flawless Design" was a truly valuable academic



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initiative, combining advanced clinical knowledge with accessible teaching. The Department extends its sincere appreciation to Dr. Abubaker Siddique for sharing his time and insights, and congratulates the organizing team for successfully conducting such a meaningful and impactful program.



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Beyond Basics to Better: Contemporary Complete Denture Modifications.



DATE	23-01-2026
VENUE	CDE HALL
TIME	08:30 AM – 10:00 AM
TITLE	Beyond Basics to Better: Contemporary Complete Denture Modifications.
SPEAKER	Dr. ANN GEORGE
NO OF PARTICIPANTS	100
DESCRIPTION	As part of World Prosthodontist Day celebrations, Indira Gandhi Institute of Dental Sciences successfully conducted a training programme titled “Beyond Basics to Better: Contemporary Complete Denture Modifications” at the CDE Hall, IGIDS. The session was led by Dr. Ann George, Senior Lecturer, Department of Prosthodontics, and focused on contemporary clinical concepts and practical modifications in complete denture prosthodontics.



The programme witnessed active participation from students and teaching staff, making it an academically enriching experience. The event also featured competitions, model creation activities, and a felicitation ceremony honouring the winners and participants.

The program was started with a prayer song followed by welcome speech by Dr.Minu Raju, Professor and HOD Department of Prosthodontics and Vice Principal Address by Dr.Eldho T Paul, Principal IGIDS. The program ended with a vote of thanks by Dr.Mary Gibi, Lecturer, Department of Prosthodontics, IGIDS.



Vayosmitham Project



Ernakulam, Kerala, India

3h9x+328, Kerala 686691, India, Ernakulam, Kerala 686691, India

Lat 10.067747° Long 76.597348°

13/11/25 11:29 AM GMT +05:30

The Vayosmitham project is a pioneering initiative launched under the Center of Excellence for Developing Age-Friendly Communities (CEDAC), an innovative programme of MAGICS NGO aligned with the World Health Organization's Age-Friendly Cities framework. CEDAC aims to enhance the quality of life of senior citizens by developing community programmes across multiple domains of ageing, including health services and community support. [?](#)

Oral health is a critical determinant of overall well-being, especially in later life—affecting nutrition, communication, quality of life, and systemic health. Older adults often face barriers to oral healthcare, including limited awareness, access challenges, and lack of integrated referral pathways. Vayosmitham addresses these challenges through structured community-based screening, education, and referral services.

On 13 November 2025, CEDAC signed a Memorandum of Understanding (MoU) with the Indira Gandhi Institute of Dental Sciences (IGIDS) to formalize collaboration in implementing structured oral health services for the ageing community.

DEPARTMENT OF CONSERVATIVE DENTISTRY & ENDODONTICS

REPORT ON ACADEMIC AND EXTRACURRICULAR ACHIEVEMENTS 2024-25

I. Presentations

Students

1. Busina Seenu and Devika Sajeevan presented e-poster at 54th Kerala State Dental Conference of the Indian Dental Association DEW'24 held at Wayanad in January 2024
2. Athira BT, Indulekha and Sandeep (Interns) presented e-poster at 75th Indian Dental Conference 2025 held at Chennai on 7th - 9th February 2025.
3. Adon and Aleena of III BDS presented e-poster at 56th Kerala State Dental Conference of the Indian Dental Association KADCON held at Karunagappally in December 2025
4. Gayathri and Karuna (Interns) presented e-poster at 56th Kerala State Dental Conference of the Indian Dental Association KADCON held at Karunagappally in December 2025
5. Meghamol T. (Intern) presented e-poster at 56th Kerala State Dental Conference of the Indian Dental Association KADCON held at Karunagappally in December 2025

II. Programmes conducted

1. In observance of ConsEndo day, a CDE programme was conducted on Current trends in Endodontic disinfection by Dr Blesy Koshy on 12th March 2024
2. In observance of World Endodontics day, a CDE programme was conducted on Modern Endodontic Access cavity by Dr Varsha Sam on 24th October 2024
3. In observance of ConsEndo day, a CDE programme was conducted on Beyond Boundaries": Unlocking Potential in Dentistry and beyond by Dr Kavya Maheesan on 11th March 2025
4. In observance of World Endodontics day, e-poster competition on the "Artificial intelligence : the future of Endodontics" for students and interns was conducted and prizes were awarded.

III. Awards

1. Busina Seenu and Devika Sajeevan won 3rd prize for e-poster presentation at 54th Kerala State Dental Conference of the Indian Dental Association DEW'24 held at Wayanad in January 2024
2. Meghamol T. (Intern) won 1st prize for e-poster at 56th Kerala State Dental Conference of the Indian Dental Association KADCON held at Karunagappally in December 2025

IV. Research

- 1) Sayanth was awarded the STS research scholarship award under the guidance of *Dr. Ajay P Joseph* for the project entitled *"An in-vitro comparative stereomicroscopic evaluation of microleakage in class II restorations using three different restorative materials."* (2022-08906)
- 2) Navya Baby (III BDS) was awarded the KUHS research appreciation award for the year 2025 for her study on the acidity of liquid medicine formulations
- 3) Joel Thomas (II BDS) was awarded the KUHS research appreciation award for the year 2025 for his study on the influence of LASER on the bond strength of Composite posts

V. Event participations

1. Dr Gis George participated and won the first Prize in Table Tennis Men's Doubles event at the IDA Kerala State Badminton and Table Tennis Competition 2025 held at Pala
2. Dr Dinesh Kamath and Dr Gis George represented IDA Kochi Cricket Team in the Zonal match held at Kottarakara on 16th February 2025
3. Dr Dinesh Kamath And Dr Gis George attended the inter-branch CDE "Endo CONCLAVE 2025" on the topic "Retreatodontics" held at Kochi on 23rd March 2025

VI. Journal publications

<u>Faculty name & Designation</u>	<u>Name of the Journal</u>	<u>Category I / II / III</u>	<u>Year of Publication</u>	<u>Points</u>
Dr. Priya R	Cureus	I	2024	15
	Tirur Dental Journal	III	2024	5
	IOSR Journal of Dental and Medical Sciences	III	2024	5
Dr. Ajay P Joseph	Bioscene	I	2024	15
Dr. Gis George	Environmental Health Engineering and	I	2024	15

	Management Journal			
	Bioscene	I	2024	15
Dr. Sajin Madanan	Indian Journal of Dental Research	I	2025	15
Dr. Blesy Koshy	Bioinformation	I	2025	15
	Journal of Pharmacy and Bioallied Sciences	I	2024	15
Dr. Treesa Williams	Bioinformation	I	2025	15
Dr. Nikhil Julian	Dental Update	III	2025	5
Dr. Sneha Lembai	Bioinformation	I	2025	15
	Kerala Dental Journal	III	2025	5
	Journal of Oral and Biomedical Sciences	III	2024	5
Dr. Reshma P Babu	International journal of dental and medical research	III	2024	2.5
	Journal of dental and medical science	III	2024	5
	Journal Of Advances In Medicine And Medical Research	III	2025	5
Dr.Aiswarya Ajith	Bioinformation	I	2024	15

VII. Posts in Associations

1. Dr Gis George was appointed as SSGP coordinator of KUHS for the academic year 2025-26.
2. Dr Gis George served as National leader for an international study done by Nagasaki university, Japan, on COVID-19 vaccination in 2024.
3. Dr. Renjith Raj served as Executive committee member and Arts coordinator for IDA Tripunithura for the year 2025.

REPORT ON ACADEMIC AND EXTRACURRICULAR ACHIEVEMENTS 2024-2025

SL NO.	DATE	ACADEMIC AND EXTRACURRICULAR ACHIEVEMENTS
1.	13-02-2025	THE ROLE OF DENTISTS IN EARLY DETECTION AND PREVENTION OF ORAL CANCER
2.		MULTIPLE OUT REACH PROGRAMMES
3.	05-12-2025	CDE PROGRAMME FOR NON TEACHING STAFF ON STERILIZATION AND DISINFECTION
4.	07-11-2025	THIRD PRIZE FOR NAVAMI VM IN 56 TH IDA KERALA STATE DENTAL CONFERENCE,SCIENTIFIC PAPER PRESENTATION
5.	28-05-2025	AWARENESS ON PRIMARY TRAUMA CARE IN ROAD TRAFFIC ACCIDENTS
6	20-06-2024 21-06-2024 28-07-2025 29-07-2025 30-07-2025	AHA CERTIFIED BLS COURSE
7.	19-12-2025	CDE PROGRAMME ON PRACTICAL APPROACH TO MEDICAL EMERGENCIES IN DENTAL PRACTICES

...



56TH IDA KERALA STATE DENTAL

Conference

SCIENTIFIC POSTER
presentation



THIRD
PRIZE

Dr. Navami V. M
HOUSE SURGEON

congratulations

DEPARTMENT OF PERIODONTICS

The Department of Periodontics actively conducted a variety of academic, clinical, research, and outreach programmes during the academic years 2024 and 2025. These programmes were aimed at enhancing undergraduate education, improving clinical skills, promoting research activities, and creating awareness of periodontal health among the public.

Academic Year 2024

- **ORAL HYGIENE DAY 2024**

Oral Hygiene Day camp was organized by the Department of Periodontics in association with Department of Public Health Dentistry at St Sebastian's Church Hall, Ambunad, Pukattupady on 4th of August 2024 (Sunday). The camp was conducted in association with St. Vincent De Paul Society, Ambunad conference and Rotary Club of Perumbavoor Central. The aim of the program was to raise awareness about oral health issues and to reduce the spread of oral health problems. The camp was held from 9:30am to 1:00pm. 3 faculty members, 7 interns, 2 chair side assistants and 2 support staff participated in the camp. Almost 85 patients participated in the camp and they were screened and treatment was provided for 25 patients (20 Oral prophylaxis and 5 Restorations).

- **Gum health day-21/5/2024**

1. awareness speak ; 12/5/2024-21\05\24
2. Quiz competition

- **Academic club**

Laser; enlightening the future of dentistry - Dr Manju – 23/7/2024

Academic Year 2025

- **Herbal garden visit-7/2/2025**

- **PERIODONTIST DAY-23 FEBRUARY 2025- Poster competition**

- **World oral health day**

➤ **Impact of restorations in oral hygiene – Dr Majo Ambooken - 20/03/2025**

We have conducted oral health day in association with Dept of Public Dentistry on 20 th march 2025 .The programme started with the blessings of God Almighty followed by Principals address. Dr. Bijoy John welcomed the gathering .Dr. Eldho T Paul gave a felicitation speech. Keynote speaker was Dr.Majo Ambooken .He gave an insightful talk on Impact of Restorations on oral hygiene. Along with the faculties, interns and final year students attended the session.

A photography and bottle art competitions were conducted and Sanika Ramesh of 1st year and Nikidha das; 2024 batch secured the first prize..Certificates were distributed for the poster making competition.

On behalf of students union and colgate a campaign was conducted to throw away the used toothbrushes and replace with the new brushes.Programe was concluded with vote of thanks and national anthem.

➤ **15/3/25 photography competition**

➤ **15/3/25 bottle art competition**

- **GUM HEALTH DAY 2025 REPORT-Debate competition**

We have conducted gum health day on 12 th may 2025 .The programme started with the blessings of God Almighty. Dr. Manju Babu welcomed the gathering. Along with the department faculties, interns and final year students attended the session. A Debate

competitions were conducted and Akash k Mohan Das, Gazala Sulthana secured the first prize. Amir Bin Nazar, Merin Jose secured the 2nd prize and Shruthi and Sarika B secured 3rd prize. Certificates were distributed. Programme was concluded with vote of thanks.

- **World ORAL hygiene DAY 2025-CDE programme**
Academic club;-PERIODONTAL CONSIDERATION IN RESTORATIVE THERAPY; _Dr.Harish Chandran -29/7/25
- **Herbal garden visit 20/11/2025**
- **NATIONAL TOOTH BRUSHING DAY-Quiz competition- 13/11/2025**

ACHIEVEMENTS OF STUDENTS 2024

KUHS RESEARCH APPRECIATION AWARD 2024-25

1. Awareness of ill effects of tobacco among periodontitis patients – a questionnaire based survey
STUDENT : HAMNA SHAMEER
GUIDE: DR. ANAKHA MARIAM BASIL
2. Assessment of gingival thickness in smokers and non smokers – a clinical study.
STUDENT: SREE KAVYA
GUIDE: DR. HARISH CHANDRAN
3. Association between frenal attachment and oral hygiene status among the population in nellikuzhi – a cross-sectional study
STUDENT: ANOL JOSE
GUIDE: DR. MANJU BABU

ACHIEVEMENTS OF STUDENTS 2025

1. Yadav M.P Participated in the 12th SPIK Periodontology scholarship examination held on november 1st 2025 at PMS dental college, Trivandrum.
2. Aleya Sunil Participated in the poster competition at 56th Kerala Dental Conference held on 6th December 2025
3. Alena Davis Participated in the poster competition at 56th Kerala Dental Conference held on 6th December 2025
4. Rinsha K.P Participated in the poster competition at 56th Kerala Dental Conference held on 6th December 2025

ACCEPTED KUHS RESEARCH 2025-26

Awareness and knowledge of periodontal disease among secondary school teachers in kerala, kothamangalam region.

Guide- Dr. Harish chandran

Student- Anakha Brahman

ACHIEVEMENTS OF FACULTY 2024

1. Dr. Manju Babu Participated in the paper presentation 55th Kerala Dental Conference held at Alappuzha
2. Dr.Harish Chandran Participated in the paper presentation 55th Kerala Dental Conference held at Alappuzha

Dept. of Periodontics

ACHIEVEMENTS OF FACULTY 2025

3. Dr. Manju Babu Executive committee member society of periodontist and implantologists of kerala (spik) 2025
4. Dr.Harish Chandran Executive committee member IDA MALANADU 2025
5. Dr MANJU BABU was the resource speaker for IDA MALANADU half day CDE with Hands ON, LASER DENTISTRY SIMPLIFIED on 30/01/2025 at ROTARY CLUB, perumbavoor.
6. Dr. Manju Babu Participated in the paper presentation 56th Kerala Dental Conference held on 6th December 2025
7. Dr.Harish Chandran Participated in the paper presentation 56th Kerala Dental Conference held on 6th December 2025

PUBLICATIONS OF FACULTIES DURING 2024-25

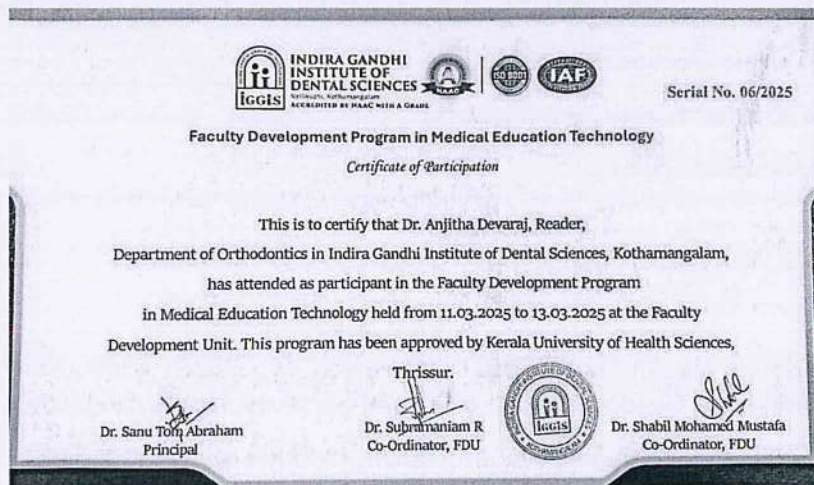
STAFF		
Dr BIJOY JOHN	Management of Miller's gingival recession by vestibular incision subperiosteal tunnel access (VISTA) technique in combination with PRF membrane- case report	J Odontol Res 2025;13(2)26-9
Dr HARISH CHANDRAN	Efficacy of oral hygiene aids in gingivitis management: A comparative study of manual and electric tooth brushes, dental floss and mouthwash	J Pharm Bioallied Sci. 2024 Nov 13; 16(Suppl 4):S3488-S3490. doi: 10.4103/jpbs.jpbs_998_24
Dr HARISH CHANDRAN	Forensic odontology in dentistry:The science behind identifying the unidentified	Journal of chemical health risks(2024)14(3),1283-1289
Dr HARISH CHANDRAN	Management of Miller's gingival recession by vestibular incision subperiosteal tunnel access (VISTA) technique in combination with PRF membrane- case report	J Odontol Res 2025;13(2)26-9
Dr RIYAS KARIM	Chat GPT and Dentistry- A Review	International Journal of Life Sciences, Biotechnology and Pharma Research
Dr RIYAS KARIM	Management of Miller's gingival recession by vestibular incision subperiosteal tunnel access (VISTA) technique in combination with PRF membrane- case report	J Odontol Res 2025;13(2)26-9
Dr MANJU BABU	Management of Miller's gingival recession by vestibular incision subperiosteal tunnel access (VISTA) technique in combination with PRF membrane- case report	J Odontol Res 2025;13(2)26-9
Dr MANJU BABU	Emerging Paradigms in Preventive dentistry: A Review of Nonfluoridated remineralizing Agents.	International journal of Clinical Pediatric Dentistry. 2025 Volume 18, Issue 11, 1404-1406
Dr ANAKHA MARIAM BASIL	Management of Miller's gingival recession by vestibular incision subperiosteal tunnel access (VISTA) technique in combination with PRF membrane- case report	J Odontol Res 2025;13(2)26-9

DEPARTMENT OF ORTHODONTICS AND DENTOFACIAL ORTHOPAEDICS

NEWSLETTER FROM JAN – JUNE 2025

❖ FACULTY ATTENDING TRAINING PROGRAMS

1. Dr Eunice John and Dr Anjitha Devaraj attended 3 days KUHS faculty development program in medical education technology.(11/03/2025-13/03/2025)





❖ RESEARCH GRANTS/RESEARCH GRANT APPROVAL LETTER

1. ICMR research study proposal

- **Title :** Estimating Dental Arch Perimeter from linear arch measurements in Kerala population: A Preventive approach to malocclusion

Primary Investigator: Lakshmi S

Staff Guide: Dr Arsha Darsh

- **Title:** Smile Aesthetic Satisfaction and Associated Smile features among Dental Students: A Cross-Sectional Evaluation

Primary Investigator: Nithya Ann Varghese

Staff Guide: Dr Alen Eldho

❖ OBSERVANCE DAY

World Orthodontic Health Day Celebrations – May 15, 2025, conducted by the Department of Orthodontics, Indira Gandhi Institute of Dental Sciences, Kothamangalam

The Department of Orthodontics at Indira Gandhi Institute of Dental Sciences, Kothamangalam, celebrated ***World Orthodontic Health Day*** on May 15, 2025, with a series of engaging and educational programs.

Various competitions were organized for students and interns, culminating in a prize distribution ceremony held on the same day.

The competitions included:

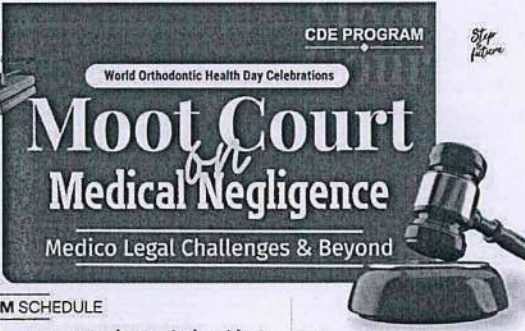
1. Creative Wire Bending
2. Orthodontic Awareness Speech Competition
3. Orthodontic Quiz Competition

In today's evolving dental healthcare landscape, understanding medical negligence and its legal implications is crucial—not only for senior clinicians but also for newly graduated dentists and interns. In light of this, a scientific session was conducted, featuring three distinguished speakers who shared valuable insights on clinical documentation, medicolegal responsibilities, and patient doctor relationships. Their presentations were both captivating and highly informative.

The speakers were:

- Dr. Babu Kuttan Pillai – Additional Professor, Dept of Orthodontics, Govt Dental college, Trivandrum
- Dr. George Skariah – HOD, Dept of OMFS, PMS College of Dental Sciences & Research
- Dr. Heera – Former Professor & HOD, Govt Dental college, Trivandrum

The Continuing Dental Education (CDE) program concluded with a *MOOT COURT* on medical negligence. This included dramatized enactments of three different clinical scenarios highlighting medicolegal challenges. The session offered a unique learning experience, being both educational and entertaining for all attendees.



CDE PROGRAM
World Orthodontic Health Day Celebrations

Moot Court

Medical Negligence

Medico Legal Challenges & Beyond

PROGRAM SCHEDULE

Topic	Speaker	Duration
Doctor-Patient Relationship & The rights of Patients	Dr Babukuttan Pillai MDS, LL.B	30 Minutes
Informed consent and documentation	Dr Heera R MDS, LL.B	30 Minutes
What constitutes negligence in practice of Dentistry	Dr George Skariah P B.Sc, MDS, MSc, LL.B	45 Minutes

TEA BREAK

Moot Court

1 Hr 30 Minutes

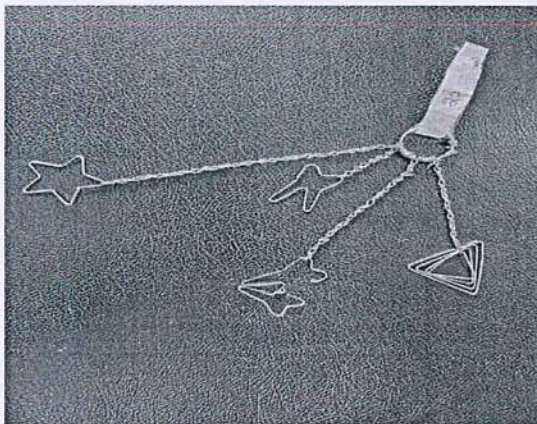
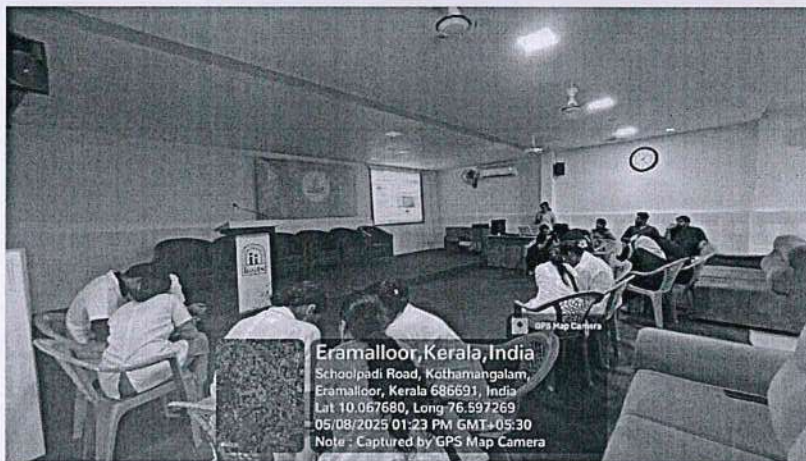
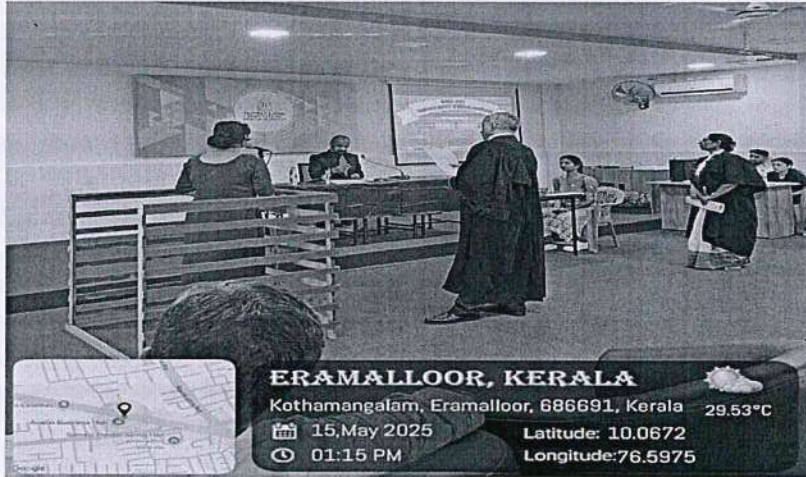
Date: 15 May 2025
Time: 08:30 AM to 12:30 PM
Venue: CDE Hall

Organised by:
Department of Orthodontics and Dentofacial Orthopaedics & Academic Forum

Indira Nagar:
Nellikuzhi, Kochi, Ernakulam
98473 95555

INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES
ERNAKULAM

IAF



❖ **POSITION HELD/ AWARDS RECEIVED BY FACULTY**

1. Dr Anjitha Devaraj was officiated as external examiner for the conduct of Second year BDS practical examination June 2025, KUHS (25/06/2025) at Azeezia Dental College, Kollam.

❖ **PUBLICATIONS- ACCEPTANCE**

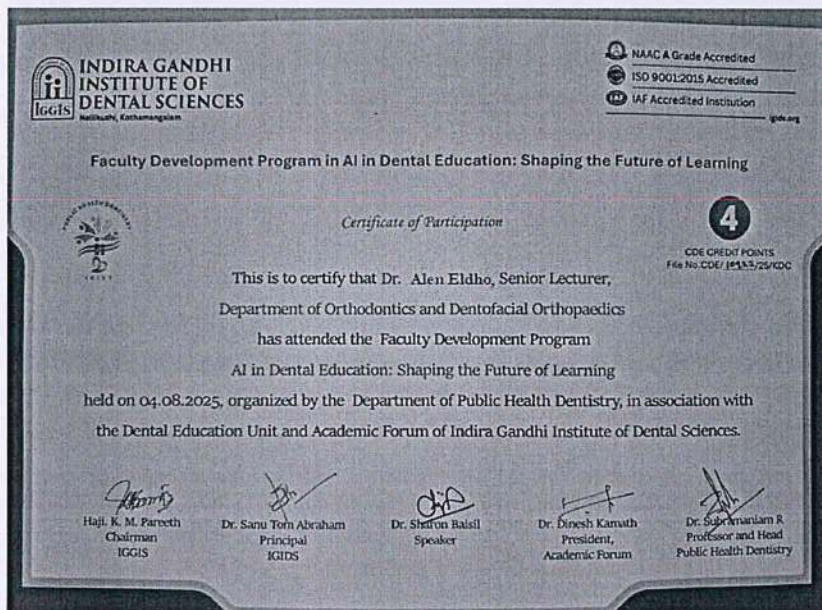
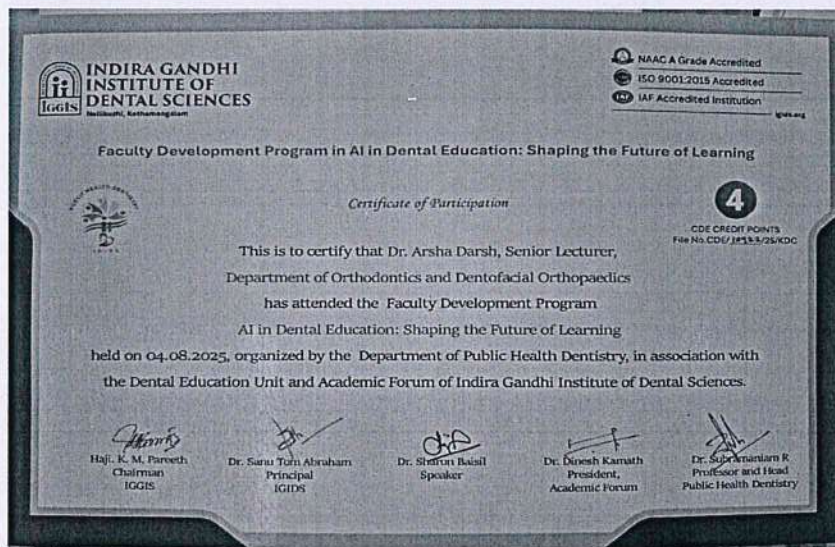
1. Prasanth Prathapan Santhakumari, Sanu Tom Abraham, Eldho Thuruthumalil Paul, Eunice John, Alen Eldho & Vighnesh Varma Raja "Impact of orthodontic treatment on temporomandibular joint function in adolescents: A longitudinal study", Biomedical informatics.
2. Dr Anjitha Devaraj "Evaluation of the impact of thermocycling on different orthodontic clear aligner materials shear strength- An inviro study", The journal of Contemporary dental practice

DEPARTMENT OF ORTHODONTICS AND DENTOFACIAL ORTHOPAEDICS

NEWSLETTER FROM JULY – NOV 2025

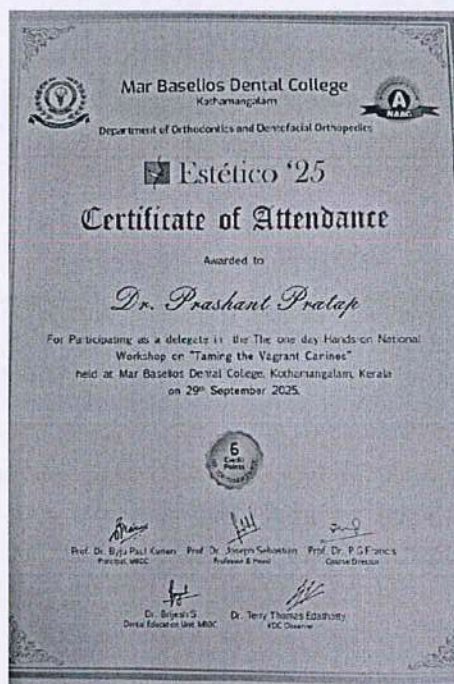
❖ FACULTY ATTENDED TRAINING PROGRAM

Dr Alen Eldho and Dr Arsha Darsh attended 1 day Lecture and Hands-on training program- **AI IN DENTAL EDUCATION: SHAPING THE FUTURE OF LEARNING** on 4th August 2025 by Dr Sharon Baisil at IGIDS.



❖ FACULTY ATTENDED CDE/ CONFERENCES

Dr Prasanth P.S, Dr Alen Eldho and Dr Arsha Darsh attended Orthodontic workshop **ESTHETICO 2025- TAMING THE VAGRANT CANINES-** on 29TH SEPTEMBER 2025 by Dr PG Francis at Mar Baselios Dental college.



❖ RESEARCH GRANTS/RESEARCH GRANT APPROVAL LETTER

KUHS Research Appreciation Awards 2025 study proposal for Under Graduates

- **Title :** ORTHODONTIC TREATMENT CHOICES AMONG YOUNG ADULTS IN KERALA: FIXED TREATMENT VS ALIGNERS – A QUESTIONNAIRE BASED STUDY

Primary Investigator: Parvathy Sudheesh

Staff Guide: Dr Arsha Darsh

Approved by the University, for the next stage of KUHS Research Appreciation Awards

- **Title:** MOTIVATION, EXPECTATIONS AND UNDERSTANDING OF PATIENTS AND THEIR PARENTS SEEKING ORTHODONTIC TREATMENT IN KERALA POPULATION- A QUESTIONNAIRE STUDY

Primary Investigator: Devika Muralidharan

Staff Guide: Dr Alen Eldho

❖ OBSERVANCE DAY

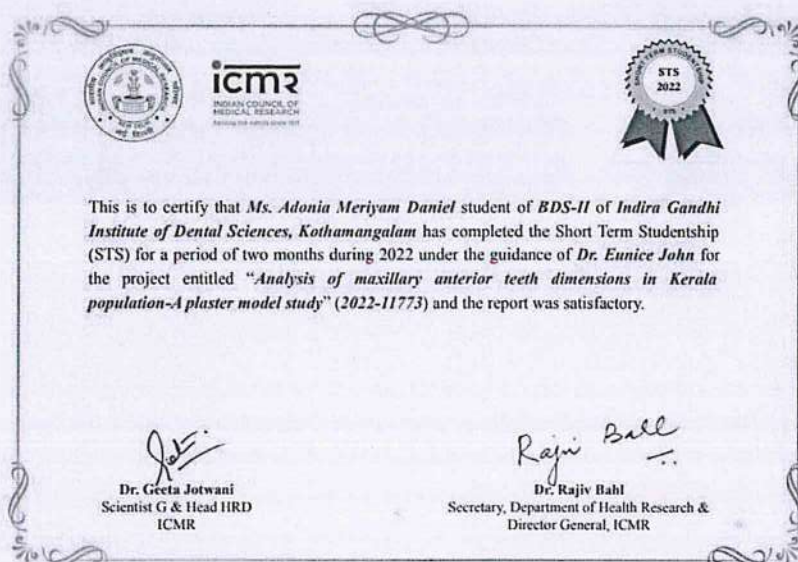
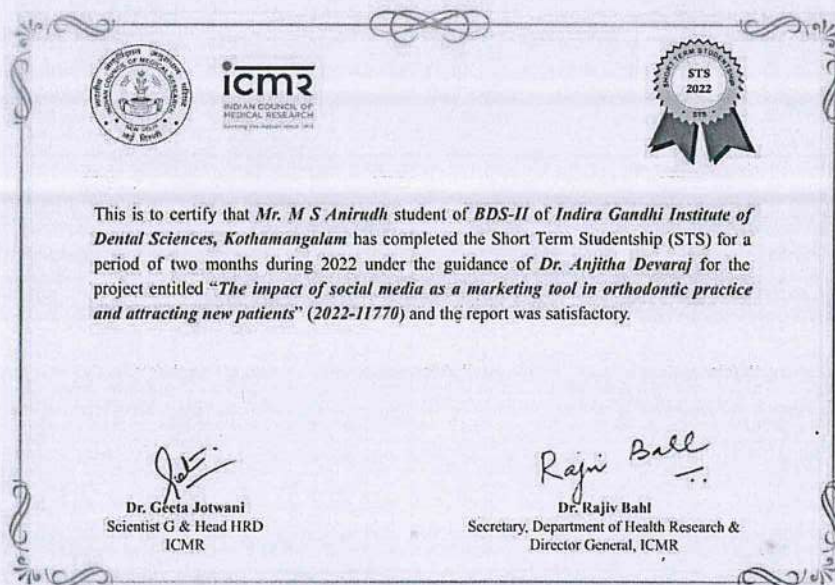
As a part of National Orthodontic Month (October) Dr Alen Eldho and Dr Arsha Darsh attended Dental Treatment Camp on 17/10/25 and 28/10/25 respectively at Christava Mahilalayam Public School, Aluva organized by Rotary club of Perumbavoor Heritage and Department of Public Health Dentistry, IGIDS.

Dr Arsha Darsh conducted an awareness talk on Dental malocclusions and Orthodontic management in different age groups on 28/10/25 for the students of Christava Mahilalayam Public School, Aluva as a part of National Orthodontic Month.



❖ AWARDS RECEIVED BY STAFF MEMBERS

Dr Anjitha Devaraj and Dr Eunice John received certificate of appreciation for the guidance and mentorship for successfully completing research project under KUHS research appreciation award 2024



❖ FACULTY WHO SERVED AS A RESOURCE PERSONS

- 1) Dr Prasanth P S selected as an evaluator for KUHS Research Appreciation Awards for under graduates in the month of October.
- 2) Dr Prasanth P S elected as an Executive Committee Member of the Indian Orthodontic Society (29/11/2025)
- 3) Dr Prasanth P S selected as representative to State Executive Committee- IDA Kochi (December)
- 4) Dr Arsha Darsh conducted an awareness talk as a part of National Orthodontic month (October) at Christava Mahilalayam Public School, Aluva on 28/10/2025 regarding Dental malocclusions and Orthodontic management in different age groups.

❖ PUBLICATIONS

- 1) Santhakumari PP, Abraham ST, Paul ET, John E, Eldho A, Raja VV. Impact of orthodontic treatment on temporomandibular joint function among adolescents: A longitudinal study. Bioinformation. 2025 Jul 31;21(7):1982-1985. doi: 10.6026/973206300211982.
- 2) Ray S, Vannala V, Sam G, Devaraj A, Bhat MP, Thomas NO. Evaluation of the Impact of Thermocycling on Different Orthodontic Clear Aligner Materials Shear Strength: An In Vitro Study. The Journal of Contemporary Dental Practice. 2025 Nov 6;26(9):868-71.

DEPARTMENT OF PEDIATRIC & PREVENTIVE DENTISTRY

YEARLY REPORT 2024- 2025

❖ STAFF ACHEIVEMENT

❖ RESEARCH GRANTS/RESEARCH GRANT APPROVAL

1. KUHS research proposal

- **Title:** Correlation between maternal influence and anxiety of children undergoing dental treatment. (2024)

Primary Investigator: Midhun Nath M

Staff Guide: Dr Haripriya Krishnakumar

- **Title –** Prevalence of Internet Gaming Disorder and associated risk factors among dental students in Kerala (2025)

Primary Investigator: Resmi N

Staff Guide: Dr Darsana Krishnan

- **Title-** Awareness and Knowledge of Rational Antibiotic Use in Pediatric Dentistry: A survey among Dental College Professionals in Kerala (2025)

Primary Investigator: Jewel Laya Manoj

Staff Guide: Dr Nezy Susan Varghese

- **Title –** “Parental insight into drug abuse among children and its effects on child health – A Questionnaire survey.” (2025)

Primary Investigator: Soorya C

Staff Guide: Dr Sreelakshmi V

2. FACULTY CHAIRED CONFERENCES

- Dr R Rajesh chaired a scientific session in the All Kerala PG convention PEDKON organized by Association of Pediatric & Preventive dentist, Kerala (APPDK) on 26/09/2025 to 28/09/2025 at Mar Baselious dental college, Kothamangalam.
- ❖ Dr R Rajesh was the resource speaker for 16 module ADD ON course for interns, "Know your child" conducted by the Dept. of Pediatric and Preventive Dentistry, MES Dental College, Malappuram from 23/01/2025 to 25/04/2025.

❖ PUBLICATIONS

- Varghese N, Rajesh R, Krishnan D, et al. (June 22, 2025) Sodium Valproate-Induced Gingival Enlargement in a Pediatric Patient: A Case Report with Surgical Intervention. Cureus 17(6): e86519. doi:10.7759/cureus.86519
- M S Anirudh, Rajesh R, Haripriya K et al. Pendulum appliance: an effectual tool for space management in pediatric dentistry: a case report. J Odontol Res 2025; 13(2)30-4

❖ STUDENTS ACHEIVEMENT

1. AWARDS RECEIVED FOR CONFERENCES

- **Ms Aleena Davis Pathadan** received the best poster award in presentation of poster (UG category) in the All Kerala PG convention PEDKON organized by Association of Pediatric & Preventive dentist, Kerala (APPDK) on 26/09/2025 to 28/09/2025 at Mar Baselious dental college, Kothamangalam.
- **Ms Aishwarya Asokan** received 2nd prize in the scientific paper presentation (UG category) in the 56th IDA Kerala state dental conference KADCON organized by IDA, Karunagappally.
- **Ms Jewel Laya Manoj** received 2nd prize in the scientific paper presentation (UG category) in the 56th IDA Kerala state dental conference KADCON organized by IDA, Karunagappally.

2. RESEARCH GRANTS/RESEARCH GRANT APPROVAL LETTER

KUHS research proposal

- **Title** – Prevalence of Internet Gaming Disorder and associated risk factors among dental students in Kerala

Primary Investigator: Resmi N

Staff Guide: Dr Darsana Krishnan

- **Title-** Awareness and Knowledge of Rational Antibiotic Use in Pediatric Dentistry: A survey among Dental College Professionals in Kerala

Primary Investigator: Jewel Laya Manoj

Staff Guide: Dr Nezy Susan Varghese

- **Title** – “Parental insight into drug abuse among children and its effects on child health – A Questionnaire survey.”

Primary Investigator: Soorya C

Staff Guide: Dr Sreelakshmi V

PROGRAMS

- In observance of Downs syndrome day – theme: End the stereotype, treatment camp for special children was conducted at peace valley Kothamangalam on 20/3/24 and 17 children attended the free treatment camp. Dr Haripriya from pedodontics department participated in the camp.
- Treatment camp was conducted for special children at CSI Karunalayam special school aluva on 8/2/24 Dr Haripriya Krishnakumar from Pedodontics department participated in the camp and 51 children benefited from the camp.

FLAGSHIP PROJECT

- As a part of Caries free school program- Zero cavity school program , free treatment were given to students of Muttathupara school from 23/1/23 to 31/1/23 – 49 students underwent the treatment and from 26/2/24 to 5/3/24 - 30 students underwent the treatment.

KIDO WEEK CELEBRATION

Department of Pediatric and Preventive dentistry conducted Kido week from 7/11/2024 to 14/11/2024 as a part of children's day celebration.

Different activities were conducted for staff, students and patients. These included Caption Writing and poster making for students and staff. Meenakshi Sasikumar bagged the first prize followed by Ambily Sasikumar (non-teaching staff from Department of Periodontics) who bagged the second prize for caption writing competition.

For poster making Geethanjali and team from 2021 Batch won the first prize and Lakshmi S and team of 2021 Batch won the second prize. Colouring competition for patients were conducted and best cooperative child was awarded token of appreciation. During the week of celebration brushing techniques were demonstrated to the patients by the house surgeons.

FLAGSHIP PROJECT

A Dental Screening camp was held at Muttathupara LP School, Muttathupara, 25/02/2025 which was organized by Indira gandhi institute of dental science, Nellikuzhy. A team comprising of 8 members who included Dr Darsana Krishnan

from Department of Pedodontics, Interns and chair side assistant from Indira Gandhi institute of dental science, attended the camp. Oral screening was performed on patients. Brushing technique was demonstrated to the students.

The camp was held from 11:00 am to 1:00pm. A total of around 28 students studying from 1st to 4th standard were screened out. Most of the students were noticed with mild to severe carious lesions. All patients were referred to Indira Gandhi institute of dental science for further treatment with the referral card.

- A Dental Screening camp was held at CSI Karunalayam, Aluva, on 21/03/2025 which was organized by Indira Gandhi institute of dental science, Nellikuzhy as a part of Down's syndrome day. A team comprising of 11 members who included Dr Sreelakshmi V & Dr Nezy Susan Varghese from Department of Pedodontics, Dr Priya from Department of Public health dentistry, Interns and chair side assistant from Indira Gandhi institute of dental science, attended the camp. Oral screening was performed on students. The camp was held from 11:00 am to 1:00pm. A total of around 57 students studying from were screened out. Most of the students were noticed with mild to severe carious lesions, poor oral hygiene. Oral prophylaxis and basic restorative procedures were carried out. Patients were referred to Indira Gandhi institute of dental science for further treatment with the referral card.

- **WORLD DAY AGAINST CHILD LABOR - PROGRAM REPORT 2025**

Date: 13 June 2025

Venue: Dept. of Pediatric and Preventive dentistry

Time: 10am - 12pm

Objective:

The objective of the event was to promote critical thinking, and effective communication among students through intellectually stimulating activities. By organizing the quiz and debate competition, the Department of Pediatric and Preventive dentistry aimed to encourage active participation, teamwork, and a deeper understanding of topics relevant to pediatric dentistry and general knowledge.

Debate:

Following an introduction by an intern, the debate commenced. The debate comprised of two teams- 2020 and 2021 batch, each with 4 members. The moderator of the quiz were interns and the judge was Mrs. Renu Mathew from the Dept of Anatomy. The topic for the debate was "Are parents required in the dental office during procedures"? Both team shared well researched arguments regarding the pros and cons of parents presence during procedures. The judges appreciated the high level of preparation, clarity, and passion displayed by the speakers. The winners of the debate competition was declared as the 2021 batch which comprised of Aaliya A, Aleena Davis, Abhirami KV and Aleya Sunil. Certificates for the winners and participants were distributed by Mrs. Renu Mathew.

Quiz:

The second event was the quiz competition which assessed the participants knowledge on pediatric dentistry. The Quizmaster was Dr. Sreelakshmi from the Dept. of Pedodontics. There were 4 teams and the competition had 4 rounds. At the end of the 4th round, team B and C were even and in the tie breaker round, team C consisting of Sreekavya A and Soorya C.S. of 2020 batch won, bagging the first place for the quiz. Certificates for the winners and participants were distributed by Dr. Sreelakshmi.

Outcome:

The event concluded successfully, serving as an excellent platform for students to enhance their academic knowledge, critical thinking, and public speaking skills. Overall, the competition

promoted healthy academic engagement and helped cultivate essential skills for future dental professionals.

- **INTERNATIONAL DAY OF GIRL CHILD – PROGRAM REPORT**
2025

Date – 13th October 2025

Venue - The Department of Pediatric and Preventive Dentistry

Time - 9:00 am - 10:00 am

Objective:

The objective of the event was to celebrate the girl children while also creating awareness dedicated to recognizing the immense potential and unwavering resilience of girls worldwide, and to highlight the unique challenges they continue to face. By conducting a caption contest and smile contest, the Department of Pediatric and Preventive Dentistry aimed to encourage active participation in commemorating the day. The Department also conducted free treatment for all girl children who visited the department on the day to raise morale and create good will.

CAPTION CONTEST

Caption entries were welcomed by providing an image and a drop box placed at the reception inviting the participation of all staff, interns and students. All the captions were thoroughly evaluated and the winner, Dr Harish Chandran from the department of Periodontics was awarded the certificate by the principal Dr Sanu Tom Abraham. The Caption along with the poetic addition was shared with the gathering.

SMILE CONTEST

Smiles of the Girl children who visited the department were captured after acquiring the consent from the parents or guardians by the interns. The winners were presented with gifts on the day of celebration; the first prize was given with certificate to Miss Thanvi D Nair by Dr Sanu Tom Abraham our principal. And the second prize along with certificate was awarded to Mariyam Renna by the Vice Principal Dr Eldho T Paul.

CHILDRENS DAY

Report on CDE Program – “Autotransplantation”

Department of Pediatric and Preventive Dentistry

Children’s Day Observance – 2025

The Department of Pediatric and Preventive Dentistry organized an official Continuing Dental Education (CDE) program on the topic “**Autotransplantation**” in observance of **Children’s Day 2025**. The program aimed to enhance clinical understanding and promote advanced treatment approaches among faculty members, postgraduate students, and practitioners.

The event commenced with a formal inaugural session, followed by the keynote lecture delivered by the **Speaker of the Day, Dr. Nezy Susan Varghese**. Her presentation provided comprehensive insights into the concept of Autotransplantation, including case selection, surgical protocols, biological considerations, and long-term prognosis, with a special focus on its applications in pediatric dental practice.

The session was highly informative and interactive, encouraging participants to engage in meaningful discussions and clarify clinical queries. Attendees appreciated the depth of clinical relevance and the practical guidance offered during the lecture.

In alignment with the spirit of Children’s Day, the program emphasized the department’s commitment to improving pediatric oral health care and supporting continuous professional development. The event concluded with a vote of thanks, acknowledging the valuable contribution of Dr. Nezy Susan Varghese, institutional authorities, organizers, and participants.

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES, NELLIKUZH

ANNUAL REPORT OF ACADEMIC AND EXTRACURRICULAR ACHIEVEMENTS

2024

Programmes conducted by the department

1. World Cancer Day – 04.02.2024 – In association with IDA Malanadu at St. Thomas Cathedral Church, Muvattupuzha – Screening camp and awareness talk
2. World Oral Health Day 20.03.2024 – Oral Health Awareness Pamphlet distribution, event mapped in FDI Website
3. World No Tobacco Day – 31.05.2024 – Perumbavoor Municipal Bus Stand – Multilingual Pamphlet distribution, screening, awareness talks, Certificate of recognition received from National Resource Centre for Oral Health and Tobacco Cessation, MAIDS under NOHP, MoHFW, GoI awards.
4. National Public Health Dentistry Day and CDE on ‘Streamlining your research: Essential tools for scientific writing and referencing’ – Symposium by Dr. Subramaniam R, Dr. Jesline Merly James and Dr. Priya Babu – 25.06.2024

Student achievements

1. Arya P G – awarded first prize for scientific paper presentation on the topic, Estimation of fluoride concentration in commercially available vegan brands of milk in India – presented at the 54th IDA Conference Kerala State – DEW 2024, held at Wayanad from 5th to 7th January 2024.
2. Archana KS - awarded third prize for scientific poster presentation on the topic - Unraveling Scientific misconducts: a closer look – presented at the 54th IDA Conference Kerala State – DEW 2024, held at Wayanad from 5th to 7th January 2024.
3. Anusree A S, Anuja Joy – awarded third prize for scientific poster presentation on the topic - Be HE@LTHY BE MOBILE – Mobile Technology for healthy life – 54th IDA Conference Kerala State – DEW 2024, held at Wayanad from 5th to 7th January 2024.

4. Akhila A S and Ameena M - awarded first prize for scientific poster presentation on the topic - Assessing the validity of Artificial Intelligence Technologies for identifying relevant literature in dentistry – Credit course by Saveetha University – Demystifying Dental AI: Unveiling the future of research and practice – Chennai on 14-16th of May 2024
5. Merin Jose – awarded first prize for Scientific paper presentation, for the topic, Habit cessation smartphone applications in India – content analysis and quality review at the IDA Kerala State Students's Conference DHUN 2024, held at Mar Baselios Dental College, Kothamangalam, on 23rd November 2024.
6. Josy B Jose – awarded second prize for Scientific paper presentation, for the topic, Cariogenic Potential of locally prepared thirst quenchers in Kerala, at the IDA Kerala State Students's Conference DHUN 2024, held at Mar Baselios Dental College, Kothamangalam, on 23rd November 2024.

Faculty participation in conferences and academic programs

Dr. Subramaniam R

1. FDP Phase II in Medical Education Technology for the faculty of Dental Colleges affiliated with KUHS conducted from 29.01.2024 to 31.01.2024 at KUHS Vigyan Bhavan at Thrissur.
2. Training program organized by KUHS on “Constitution and functions of Ethics Committee, Good Clinical Practice and Ethical approval for Multicenter research” held online, by KUHS headquarters, Thrissur, on 6th February 2024.
3. 1st International and 28th National Conference of the Indian Association of Public Health Dentistry – 12th to 15th September 2024 at Bangkok, Thailand

Faculty achievements

Dr. Subramaniam R

1. Chaired session at 1st International and 28th National Conference of the Indian Association of Public Health Dentistry – 12th to 15th September 2024 at Bangkok, Thailand
2. A scientific paper titled ‘Habit cessation smartphone applications in India – content analysis and quality review, at the 1st International and 28th National Conference of the

Indian Association of Public Health Dentistry – 12th to 15th September 2024 at Bangkok, Thailand

3. First prize for Scientific paper presentation titled 'Habit cessation smartphone applications in India – content analysis and quality review, at the 1st International and 28th National Conference of the Indian Association of Public Health Dentistry – 12th to 15th September 2024 at Bangkok, Thailand
4. Invited Speaker (online) at Sree Mookambika Institute of Dental Sciences, Kulasekharam, Tamil Nadu on 'Advancing Community Health through Public Health Dentistry' at an event organised by the Academic forum of the institution, in observance of the National Public Health Dentistry Day, on 16th July 2024

Faculty and Student Publications

1. Siyad AM, Ramanarayanan S, James JM, Babu P, Kuruvilla S, George G. Estimation of fluoride levels in indigenous ayurvedic preparations prescribed for infants, toddlers, and preschool children in Kerala, India. *Environmental Health Engineering and Management Journal* 2024; 11(2): x-x doi: 10.34172/EHEM.2024.xx
2. Sreelakshmi M K; Subramaniam Ramanarayanan; Suneesh Kuruvilla; Jesline Merly James; Priya Babu; Pooja Latti. Evaluation of Antibacterial Efficacy of Commercially Available Gel-Based Hand Sanitizers and Alcohol-Based Hand Rubs Routinely Used in Dental Practice, in Relation to Different Handwashing Regimens. *Bioscene* 2024;21(2):177-196.
3. Subramaniam R, Sreelakshmi MK, Kuruvilla S, James JM, Babu P, Latti P. Antifungal activity of natural sugar substitutes against *Candida albicans* – An in vitro study. *Journal of Nature and Science of Medicine* 7(4):p 268-271, Oct–Dec 2024
4. Arya P. Gopalakrishnan, Subramaniam Ramanarayanan, Jesline M. James, Priya Babu, Suneesh Kuruvilla, Pooja Latti. Estimation of fluoride concentration in commercially available vegan brands of milk in India. *Public Health and Toxicology* 2024;4(2):11
5. Nanda Madhusoodanan, Amalraj R A, Nishana Navas, Anitta T Alapatt, Aiswarya L, Subramaniam R, Priya Babu, Jesline Merly James. Mobile applications for Oral hygiene maintenance - a quality review. *Journal of Odontological Research* 2024;12(1)7-13.

Funded research projects

KUHS Research Appreciation Awards 2024

The following proposals are approved by the Kerala University of Health Sciences for the KUHS Research Appreciation Award for the year 2024

SL. NO.	TITLE	NAME OF STUDENT	NAME OF GUIDE
1.	Evaluation of pH and buffering capacity of locally prepared thirst quenchers in Kerala	Ajna Ayisha S	Dr. Subramaniam R
2.	Comparative Assessment of Carbon Monoxide levels in exhaled air among users, and non-users of tobacco – a cross sectional study	Shefna Salley	Dr. Jesline Merly James
3.	Estimation of fluoride concentrations and fluoride mapping of ground water and river water in Angamaly, Kerala	Shehna R	Dr. Priya Babu

ICMR STS

The following reports of the ICMR for Short term studentship Programme for the year 2023 was approved; stipend and certificates were despatched

SL. NO.	TITLE	NAME OF STUDENT	NAME OF GUIDE
1.	Cariogenic potential of locally prepared thirst quenchers	Josy B Jose	Dr. Priya Babu

2.	Habit cessation smartphone applications in India – content analysis and quality review	Merin Jose	Dr. Subramaniam R
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Camps

33 camps conducted including OPPAM Mega Medical Camp, at Guardian Angel School, Kalamassery, Organised by Minister P Rajeev on 18.01.2024, tribal camp at Panthapra, camps at Thekkady and other parts of Ernakulam district.

NSS Activities – Program Officer – Dr. Priya Babu

1. 7 th March 2024 – Jeevana 4.0 blood donation campaign
2. 16th April 2024 - Awareness campaign on “Mera Pehla Vote Desh Ke Liye” - for first time voters of IGIDS
3. 24th Oct 2024 - TSH screening camp at IGIDS
4. 3rd Nov 2024 - Dental treatment and Screening Camp at Pantpra Adivasi Colony

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES, NELLIKUZHI

ANNUAL REPORT OF ACADEMIC AND EXTRACURRICULAR ACHIEVEMENTS

2025

Programmes conducted by the department

1. World Cancer Day – 03.02.2025 – IGCAS Radio talk organised by Indira Gandhi College of Arts and Sciences
2. Dentist Day – Camp and awareness program at Kothamangalam Bus Stand on 06.03.2025, in association with IDA Malanadu branch
3. Faculty Development Program on Medical Education Technology on 11th, 12th and 13th of March 2025
4. World Oral Health Day – Observed in association with Department of Periodontics, and College Union – Motivational talk to interns and students, swap a toothbrush program, camps, CDE, competitions for students and interns, event mapped at FDI website – 20th March 2025
5. World No Tobacco Day – 31.05.2025 – Perumbavoor Municipal Bus Stand – Multilingual Pamphlet distribution, oral cancer screening, awareness talks, awareness LED Display boards at Hospital– Certificate of recognition received from National Resource Centre for Oral Health and Tobacco Cessation, MAIDS under NOHP, MoHFW, GoI awards.
6. National Public Health Dentistry Day and CDE on ‘AI In Dental Education: Shaping the future of Learning’ – Lecture and Hands on Workshop by Dr. Sharon Baisil, Department of Community Medicine, MOSC Medical College, Kolenchery – 04.08.2025

Student achievements

Paper/poster presentations

1. Gopika K Menon – Assessment of the accuracy of large language models (LLMs) in the diagnosis of ideal intraoral periapical radiographs – 7th Amrita International Public Health Conference – 5th and 6th December 2025, at Kochi

2. Reshma B Nair - Beyond the signature – Navigating implementation Barriers to truly informed consent in dental practice. KADCON – 56th Kerala State Dental conference – 5th, 6th and 7th December 2025 at Kollam
3. Shivapriya Babu – Antimicrobial resistance: The critical role of dental prescriptions in combating the silent pandemic. KADCON – 56th Kerala State Dental conference – 5th, 6th and 7th December 2025 at Kollam
4. Gayathri M – Assessment of the accuracy of large language models (LLMs) in the diagnosis of ideal intraoral periapical radiographs. KADCON – 56th Kerala State Dental conference – 5th, 6th and 7th December 2025 at Kollam
5. Ann Pretty Thadevoose – AI in dental education. KADCON – 56th Kerala State Dental conference – 5th, 6th and 7th December 2025 at Kollam
6. Anjali K S – The Kerala Paradox: High Life expectancy, high dental need – a call for Geriodontics . KADCON – 56th Kerala State Dental conference – 5th, 6th and 7th December 2025 at Kollam
7. Rasla – The Unseen Link: Air pollution, oral health outcomes, and the dentist's role in public health interventions in India. KADCON – 56th Kerala State Dental conference – 5th, 6th and 7th December 2025 at Kollam
8. Anila Vijayan – A new layer of protection: How fortified edible oils support oral and systemic health. KADCON – 56th Kerala State Dental conference – 5th, 6th and 7th December 2025 at Kollam
9. Gayathri M – awarded second prize for scientific paper presentation for the topic, Assessment of the accuracy of large language models (LLMs) in the diagnosis of ideal intraoral periapical radiographs at KADCON – 56th Kerala State Dental conference – 5th, 6th and 7th December 2025 at Kollam

Faculty/Student Publications

1. Ameena M Siyad, Akhila A S, Subramaniam Ramanarayanan, Shabil Mohamed Musthafa, Jesline Merly James, Priya Babu. Assessing the Validity and Accuracy of Artificial Intelligence Technologies for Identifying Relevant Literature in Dentistry. Journal of Nature and Science of Medicine 2025;8:135-8.
2. Mallika Balagopal, Shiney Sara Alexander, Jesnim, Subramaniam R, Priya Babu, Athira C P, Suneesh Kuruvilla, Jesline Merly James. Knowledge, attitude and Practices regarding monkeypox among Final year dental undergraduate students, House surgeons and dental

practitioners in Ernakulam district, Kerala. Journal of Nature and Science of Medicine 2025;8(2):175-80

3. Subramaniam R, Pooja Latti. Dental Undergraduate curriculum in India: A SWOC Analysis – Journal of Indian Dental Association, Kochi Branch 2025;7(1):24-32.

4. MS Anirudh, Ruby Raihan, Sarath Mohan MS, Sandra T Sunil, Subramaniam R, Priya Babu, Jesline Merly James. Needleless Anasthesia: Changing the landscape of conventional anesthetic technique – Journal of Indian Dental Association, Kochi Branch 2025;7(2):21-25.

Faculty participation in conferences and academic programs

Dr. Subramaniam R

1. Attended Grant Writing Workshop at KUHS, Thrissur on 20th and 21st January 2025.
2. 29th National Conference of the Indian Association of Public Health Dentistry – 28th to 30th November 2025 at Mangaluru

Faculty achievements

Dr. Subramaniam R

1. Approved PhD guide – Kerala University of Health Sciences
2. Chaired session at 29th National Conference of the Indian Association of Public Health Dentistry – 28th to 30th November 2025 at Mangaluru
3. A scientific paper titled ‘Perceptions and attitudes of tobacco users, non-users and health care professionals on tobacco control policies in India’ , at the 29th National Conference of the Indian Association of Public Health Dentistry – 28th to 30th November 2025 at Mangaluru
4. First prize for scientific paper titled ‘Perceptions and attitudes of tobacco users, non-users and health care professionals on tobacco control policies in India’ , at the 29th National Conference of the Indian Association of Public Health Dentistry – 28th to 30th November 2025 at Mangaluru
5. Invited Speaker for a CDE on the topic ‘Write it right’ Scientific publications made easy – at the 5th monthly meet, organized by the Indian Dental Association, Kochi Branch on 30th of May 2025

6. Invited Speaker for a Faculty Development Program on 'Strategic Blueprinting – Enhancing Assessment Quality' at Al Azhar Dental College, Thodupuzha, on 23rd July 2025
7. Invited Speaker for Faculty Development Program on Medical Education Technology at Annoor Dental College and Hospital, Muvattupuzha, on 5th August 2025.
8. Invited Speaker for Faculty Development Program on Medical Education Technology at St. Gregorios Dental College, Chelad on 23rd September 2025.
9. Resource faculty for Faculty Development Program on Medical Education Technology at AL Azhar Dental College, Thodupuzha, on 23rd October 2025

Funded research projects

ICMR STS for 3rd year BDS students

The following proposal was approved by the ICMR for Short term studentship Programme for the year 2024, report was submitted and approved in 2025 and stipend was despatched.

SL. NO.	TITLE	NAME OF STUDENT	NAME OF GUIDE
1.	Assessment of Quality and Content Analysis of Dental Game Mobile Applications in India	Athira Elizabeth K C	Dr. Priya Babu

KUHS Research Appreciation Awards 2025

The following proposals are approved by the Kerala University of Health Sciences for the KUHS Research Appreciation Award for the year 2025

SL. NO.	TITLE	NAME OF STUDENT	NAME OF GUIDE
1.	Credibility of information on websites regarding home-based remedies for common dental problems- A cross-sectional study	V R Gowri Priya	Dr. Subramaniam R

2.	YouTube videos as a source of information on etiology and prevention of oral cancer - A content analysis	Safa Faisal	Dr. Jesline Merly James
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Collaborative multi-centric research

Two Global research projects – Co-Authors – Dr. Subramaniam R, Dr. Jesline Merly James, Dr. Priya Babu

1. Determinants of COVID-19 vaccine hesitancy across 186 countries: a multifaceted analysis using structural equation modelling
2. Regarding the co-authorship mail of the manuscript Cross-Linguistic Validation of the Levenson Self-Report Psychopathy Scale: A Global Study across 186 Countries and 33 languages

Camps and outreach

30 camps conducted including OPPAM Mega Medical Camp, at Ryan International School, Kalamassery, Organised by Minister P Rajeev on 06.02.2025, camps at adopted schools and adopted centers; camps across Ernakulam district.

NSS Activities – Program Officer – Dr. Priya Babu

1. 8–10th Apr 2025 - Anti-Drug Awareness Campaign at IGIDS
2. 13th May 2025 - DDRC Medical Camp
3. 21st May 2025 - Jeevana 5.0 blood donation campaign
4. 28th May 2025 – Awareness seminar on Primary Trauma Care in Road Traffic Accidents
5. 31st May 2025 – World No Tobacco Day
6. 25th-26th June 2025 – International Day against Drug Abuse and Illicit Trafficking
7. 4 th July 2025 – Free routine diagnostic tests camp
8. 8th August 2025- Anti-ragging awareness program

9. 8th August 2025 - Anti-Drug awareness seminar “Deadly Devour of Drug Abuse from Head to Toe”

10. 4th November 2025- Awareness programme on the Nasha Mukth Bharat Abhiyaan

Department of Oral and Maxillofacial Pathology and Oral Microbiology

Indira Gandhi Institute of Dental Sciences, Nellikuzhi P O , Kothamangalam

2024- 2025

Events Conducted

Day Observances

1. World Cancer Day – 4th February 2024

- Door to door oral cancer awareness and distribution of pamphlets.
- Oral cancer awareness survey among the dental students.
- CDE - Oral Cancer awareness talk.- Change In Paradigm Of Cancer Treatment By Dr. Govind. G, Associate Consultant, Medical Oncology, Lakeshore Hospital.

2. National Oral Pathology Day Celebration - February 25th 2024 celebrated by the department on 22nd March 2024

- Quiz in Dental Anatomy and Oral Histology (1st and 2nd BDS)
- Quiz in Oral Pathology (3rd year to Interns)
- Crossword Competition (3rd year to Interns)
- Creative Carving competition (1st year to Interns)
- Pathologic carving competition (3rd year to Interns)

3. World no Tobacco Day – 31st May 2024

- E Poster Presentation in Clinical Category
- E Poster Presentation in Pré clinical Category.
- Release of Anti tobacco awareness video.
- Release of updated E-Magazine 'PLEXURE'.

4. Palliative Care Day – 17th October 2024

- Palliative care scenarios - Case history competition (**Empathy in Action**) for 3rd BDS, Final year BDS and Interns.

CDE programme

1. Academic forum Presentation- 13th August 2024

- Reactive oral lesions- clinicopathological insights and approaches by Dr. Pretty Prince P, Senior Lecturer

2025

Day Observances

1. National Oral Pathology Day Celebration- 25th Feb 2025

- Quiz in Dental Anatomy and Oral Histology (1st and 2nd BDS)
- Quiz in Oral Pathology (3rd year to Interns)
- Crossword competition in Dental Anatomy and Oral Histology (1st and 2nd BDS)
- Crossword competition in Oral Pathology (3rd year to Interns)

2. Observance of Oral Cancer Awareness Month

- Poster making competition- Preclinical and clinical category
- Oral Cancer Awareness Talk for First BDS by Dr. Athira C P, Reader

3. World Hospice and Palliative Care Day – October 2nd Saturday celebrated on 21st October 2025

- CDE Programme - Oral Palliative Care through Case Scenarios: A Clinical Perspective by Dr. Athira CP, Reader
- Care Quest- Written Quiz competition for clinical students

CDE programme

1. Academic forum Presentation-25 August 2025

- Topic- “The Molecular Blueprint of Oral Cancer; Hallmarks and clinical implications.” Speaker: Dr. Mary Oshin K X, Reader

Student Achievements

2024

- 1. Dr. Noureen V Shanavas (Intern) - won the Dr. Jacob Zachariah Memorial Gold Medal Exam For Ug Students March 2024 (Conducted Annually by State Association of Oral Pathologists)**
- 2. Mar Baselios's Fest: October 2024 - Second Prize in Scientific Paper Presentation** for Aamir Bin Nazer and Anirudh. M. S (Interns)
- 3. IDA Conference Alleppey December 2024: Second Prize in Poster competition.** for Athiya & Yajanika. M. S (Interns)

2025

- 1. 6th Annual State TRIPLE O (GDC Kottayam on 11th January 2024)- First Prize in Poster competition** for Athullya & Bibinsha (Interns)
- 2. MB Fest (2025)- First Prize in Poster Competition -** Chrislyne Gigi
- 3. CDE Program and undergraduate competition - Azeezia Dental College, - First Prize in the Scientific Poster Presentation** for Chrislyne Gigi
- 4. National Level E-Poster Competition World No Tobacco Day Conducted by Kerala Society of Oral & Maxillofacial Pathologists Association (KSOMP)- 1st Prize** for K. S ASWATH (2023 Batch)

5. Student participation at International Conference- MI-DENT 2025

International Dental Conference at MAHSA University, Malaysia. on 21st and 22nd February 2025

- Dr. Josy B Jose (Intern)- 2nd Prize for the scientific paper presentation
- Dr. Athullia. K. - Scientific presentation
- Dr. Mariyam Vaheedudeen - Scientific presentation

6. 56th IDA Kerala State Dental conference (Kadcon 25)-

Paper Presentation

- **1st Prize-** Aamir Bin Nazar (Intern)
- **3rd Prize-** Chryslen Gigi (Intern)

Poster Presentation

- **1st Prize-** Sanika Ramesh & Krishna K Mani (2nd BDS)
- **2nd Prize-** Aamir Bin Nazar (Intern)

7. KSOMP 2026 XXII Annual State Conference & XII Post graduate convention-

Poster Presentation – Second Prize – Anakha Arun (Second BDS)

Second Prize - Dr. Gayathri (Intern)

Staff Achievements

1. **ICMR STS Project Proposals approved from the Department of Oral Pathology.**
 - **Dr. Niveditha-** Guiding Agnivesh B R(2023 Batch)
 - **Dr. Pretty Prince P** Guiding Etna Rose (2023 Batch)
2. **KUHS appreciation awards from the Department of Oral Pathology**

- Dr. Litu Mary Thampy- Guiding Krupamol Antony (3rd BDS)
- Dr. Pretty Prince P- Guiding Nandana Vijay (3rd BDS)
- Guided Merlin Aju (Intern)
- Dr. Mary Oshin – Guiding Afrin (3rd BDS)

Prof. Dr. Niveditha

- Certificate of Good Standing E C Member in XXI Annual State Conference & XI PG Convention of KSOMP, GDC Kozhikode on 8th and 9th February 2025.
- Certificate of Appreciation from KSOMP for valuable contribution as the Organising Chairperson of Annual State Conference organised by Indira Gandhi Institute of Dental Sciences
- Certificate of Appreciation for being the Panellist in the Scientific Session in XXI Annual State Conference & XI PG Convention of KSOMP, GDC Kozhikode on 8th and 9th February 2025.
- Chaired scientific session in 31st National conference of Oral and Maxillofacial pathology conducted from 29th November to December 1st 2025 in kodaikanal, Tamilnadu.
- Chaired keynote session in 20th annual State conference of KSOMP hosted by Amritha school of dentistry in March 2024.
- Executive Member KSOMP
- External Guide – PhD Student, Azeezia Dental College
- Practical Convenor KUHS
- Life member IAOMP
- Keynote session Chairperson in KSOMP Conference 2024

Dr. Athira. C. P.

- Joint Secretary KSOMP
- Certificate of Appreciation from KSOMP for valuable contribution as the Organising Chairperson of Annual State Conference organised by Indira Gandhi Institute of Dental Sciences.

- Scientific Paper Presentation in XXI Annual State Conference & XI PG Convention of KSOMP, GDC Kozhikode on 8th and 9th February 2025.
- Scientific Paper Presentation in XXI Annual State Conference & XI PG Convention of KSOMP, GDC Kozhikode on 8th and 9th February 2025.
- **Second Prize in Scientific Paper Presentation** in IAOMP Conference held at Kodaikanal in November 2024.
- Chaired scientific session in 20th annual State conference of KSOMP hosted by Amritha school of dentistry in March 2024.
- Executive Member KSOMP
- Life member IAOMP
- Scientific session Judge in KSOMP Conference 2024

Dr. Mary Oshin

- Scientific Presentation in XXI Annual State Conference & XI PG Convention of KSOMP, GDC Kozhikode on 8th and 9th February 2025.
- Life Member IAOMP
- Life Member KSOMP.

Dr. Pretty Prince P

- Life Member KSOMP
- **Second Best Poster Award** in 6th Annual State TRIPLE O Conference held at GDC Kottayam on 11th January 2025

Dr. Litu Mary Thampy

- Life Member KSOMP
- **Second Prize in Scientific Paper Presentation** in KSOMP 2026 XXII Annual State Conference.

Report on Academic and Extracurricular Achievements (2024–2025)

Department of Microbiology

Indira Gandhi Institute of Dental Sciences, Kothamangalam

1. Infrastructure Development

- Renovation work of the Microbiology Laboratory was successfully completed. This included the separation and establishment of a Media Preparation Room and a Decontamination Room, ensuring better workflow, safety, and compliance with laboratory standards.
- A Departmental Library was established with textbooks and reference materials collected from sources other than the college, enhancing academic resources for students and faculty.
- New laboratory instruments such as a centrifuge, electronic balance, and water bath were purchased to facilitate the smooth conduct of practical classes.
- Made arrangements for the Projector display facility inside the Student lab itself.

2. Academic and Student Support Activities

- The Department of faculty Mrs. Jismiya Hassan has actively participated in student counselling and vaccination programmes, contributing to student welfare and public health initiatives.
- Guidance was provided to students for the ICMR Short Term Studentship (STS) programme. Special mentoring was given to Ms. Reshmi N., 2002 Batch.
- The department made arrangements for a Continuing Dental Education (CDE) programme on the topic "Amoebic Meningitis", by Dr. Hareesh K. S.
- Department faculty members actively participated in Mentor–Mentee meetings and related reporting activities.

3. Faculty Achievements and Professional Contributions

- The Head of the Department has published two international research papers in reputed journals during the academic period 2024–2025.
- The HOD was included as a member of the Doctoral Committee of the KUHS PhD Programme.
- Faculty members of the department participated in Faculty Development Programmes conducted by the Kerala University of Health Sciences (KUHS).
- Department faculty members actively contributed to the Food Committee and Professional Committee during the Student Convocation Programme.
- Senior Lecturer Mrs. Jismiya Hasan actively contributed to Criteria 2 activities for the Quality Assurance System (QAS) inspection conducted by KUHS.

4. Examination and University Responsibilities

- The HOD, Dr. Aruni I. S., served as Chairperson, Second BDS Practical Examination, KUHS, in January 2025.
- The HOD was included in the PhD Examination Panel of SRK Medical University and LNCT University, Bhopal.

Submitted by:

HOD

Department of Microbiology

Indira Gandhi Institute of Dental Sciences

Dr. Aruni I. S.
H.O.D.
Dept. of Microbiology
Indira Gandhi Institute of Dental Sciences
Nellikuzhi P.O., Pin - 686 691