

VOL 1 | ISSUE 1  
JAN - JUN 2025

# IGIDS CAMPUS ECHOES



**INDIRA GANDHI  
INSTITUTE OF  
DENTAL SCIENCES**

IGIDS **BI-ANNUAL NEWSLETTER** BULLETIN

# CONTENTS



Messages from the Leadership	_____	2
From the editor's desk	_____	4
Editorial Board	_____	5
Undergraduate Research	_____	6
Add on/ Value Added courses	_____	8
Faculty Achievements	_____	8
Alumni Achievements	_____	8
Student Achievements	_____	9
Student Mobility Program	_____	10
Faculty Development Program	_____	11
Faculty in focus	_____	12
Faculty as Resource Persons	_____	13
Observance of important days	_____	14
Academic Forum Activities	_____	22
NSS Activities	_____	23
SSGP Activities	_____	25
College Union Activities	_____	27
Corporate Social Responsibility Activities	—	31
Camps and Outreach Activities	_____	32
Publications by Faculty/Students	_____	33
Best Library Users	_____	34



# CHAIRMAN'S MESSAGE

HAJI K M PAREETH

It is with great pride and joy that I extend my heartfelt congratulations to the editorial team on the launch of the new newsletter of Indira Gandhi Institute of Dental Sciences. This newsletter is a reflection of our commitment to fostering a vibrant academic environment where ideas, achievements, and innovations are shared and celebrated. I believe that a strong culture of communication and collaboration is essential for the growth of any institution. This publication will serve as a valuable bridge, connecting our faculty, students, alumni, and well-wishers, and highlighting the remarkable work being done across our campus. I encourage all members of the IGIDS family to actively participate in this initiative. Let this newsletter become a canvas for your creativity, a platform to showcase your research, projects, and contributions to society. Together, let us continue to uphold the vision and values that have made the Indira Gandhi Group of Institutions a trusted name in education. I wish the editorial team all success and look forward to seeing many inspiring stories and achievements featured in the editions to come.

With warm regards and best wishes,

**Shri K M Pareeth,**

Chairman, Indira Gandhi Group of Institutions

# PRINCIPAL'S MESSAGE

**DR. SANU TOM ABRAHAM**

It is with immense pride and enthusiasm that I address you through the inaugural edition of our newsletter. This marks a significant milestone for Indira Gandhi Institute of Dental Sciences as we embark on a new chapter of enhanced communication and shared celebration of our collective achievements. At IGIDS, our commitment has always been to foster an environment of academic excellence, innovative research, and compassionate patient care. We believe in nurturing not just skilled professionals, but also ethical and socially responsible individuals who will make a lasting impact on the field of dentistry and the communities they serve. This newsletter is designed to be a vibrant platform to showcase the dynamic spirit that defines our institution. It will serve as a window into the exciting events and activities happening within our college, highlight the remarkable accomplishments of our talented students and dedicated faculty, and keep you informed about the latest advancements in dental education and practice. As we step into this new era of communication, I encourage each one of you to engage with newsletter, contribute your insights, and celebrate successes that continue to elevate our college's reputation. Together, we will continue to push boundaries of dental science and shape future.

With warm regards,

**Dr. Sanu Tom Abraham,**

Principal, Indira Gandhi Institute of Dental Sciences



# VICE PRINCIPAL'S MESSAGE

DR. ELDHO T PAUL



It gives me immense pleasure to extend my heartfelt congratulations to Dr. Jesline and her dedicated editorial team on the launch of our new institutional newsletter. This wonderful initiative marks yet another milestone in our continuous journey towards academic excellence and creative expression. Our newsletter is more than just a publication, it is a vibrant platform that reflects the innovative spirit, achievements, and aspirations of our entire IGIDS family. I encourage all our faculty members and students to actively contribute to this endeavor. Share your unique ideas, research insights, creative works, and inspiring stories. Let us showcase the best of what we do within these pages, inspiring each other to reach greater heights. May this newsletter grow into a rich archive of our collective accomplishments and a testament to our commitment to learning, collaboration, and innovation. I wish the editorial team great success and look forward to seeing this publication flourish in the coming editions. Best wishes to all!

**Dr. Eldho T Paul,**

Vice Principal, Indira Gandhi Institute of Dental Sciences

# MESSAGE FROM COO

MR. BIJESH P. K.



Dear Students, Faculty, and Esteemed Members of the IGIDS Community, It gives me immense pride and pleasure to connect with you through this edition of our institutional newsletter. At Indira Gandhi Institute of Dental Sciences, we continue to uphold our mission of academic excellence, innovation in dental education, and compassionate patient care. The past few months have witnessed remarkable achievements, from our students excelling in university examinations and national forums, to our faculty leading groundbreaking research and community outreach initiatives. These milestones are a testament to the dedication and collaborative spirit that define our institution. As we move forward, our focus remains steadfast on fostering a student-centered learning environment, enhancing clinical exposure through state-of-the-art facilities, and strengthening interdisciplinary collaborations. We are also investing in digital transformation and sustainable practices to ensure that IGIDS remains at the forefront of dental education and service. I extend my heartfelt gratitude to every member of the IGIDS family for your continued commitment and contribution. Let us keep striving together to achieve new heights and create a positive impact in the field of dentistry and beyond.

Warm regards,

**Mr. Bijesh P.K.**

Chief Operating Officer, Indira Gandhi Institute of Dental Sciences

# MESSAGE FROM THE DENTAL DIRECTOR

**DR. NADAH NAJEEB RAWTHER**

Dear IGIDS Family, This newsletter resonates the spirit of excellence, inclusivity and harmony which we as a team uphold with dignity and pride. As we reflect on the remarkable achievements of our community, IGIDS has truly set a benchmark. All teaching and non teaching staff have been the backbone of the institution with their unwavering support and guidance being instrumental in shaping young minds and providing virtuous care to our patients. Our students have also constantly demonstrated outstanding performances both in academics and extra curricular activities. As we look to the future, we are happy to see them push boundaries, making their mark in the world. Let us all continue this incredible journey together to make our institution shine as the beacon of excellence....

Warm regards,

**Dr. Nadah Najeeb Rawther**

Dental Director, Indira Gandhi Institute of Dental Sciences



# MESSAGE FROM THE DEAN OF STUDENT AFFAIRS

**DR. BIJOY JOHN**

We are witnessing another substantial event of this academic year- the release of first issue of our newsletter. It is hoped that the upcoming pages in this newsletter will inform and inspire creative thinking and contributions to positive change. This platform will definitely help to connect our IGIDS family together and keeps the bond stronger than ever. Let us share and showcase our achievements, knowledge and learn together. Wishing all success to our editorial team...

Wishes and regards,

**Dr. Bijoy John**

Dean of Student Affairs, Indira Gandhi Institute of Dental Sciences



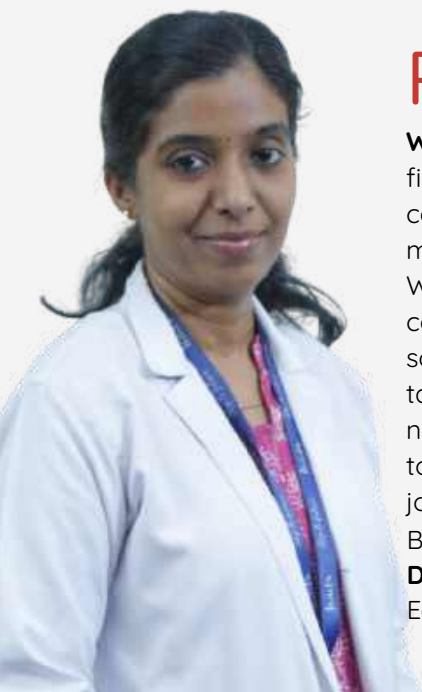
# FROM THE EDITOR'S DESK

**Warm greetings from IGIDS Campus Echoes !** We are honored and excited to launch the first issue of our semi annual newsletter of this academic year. It provides an insight on co-curricular and extra-curricular activities as well as achievements for the past six months, highlighting the dedication and expertise of our students and faculty members. We are committed to and constantly striving to deliver informative and valuable contents, and your feedback benefits us to shape every issue in future. There is something truly distinctive about connecting with all of us through this newsletter. Let us take a moment to reflect on the progress we have made and look forward to what is next. In a world that often seems to be fast-paced, these are the moments that allow us to share, learn, and grow together. Thank you every one for being a vital part of this journey.

Best regards,

**Dr. Jesline Merly James**

Editor in-charge



# EDITORIAL BOARD



**DR. SANU TOM ABRAHAM**  
Chief Editor



**DR. JESLINE MERLY JAMES**  
Editor in-charge



**DR. GIGI ROY**  
Dept. of Oral Medicine  
& Radiology



**DR. ABSANA MUTHU U P**  
Dept. of Conservative  
Dentistry & Endodontics



**DR. ANJITHA DEVARAJ**  
Dept. of Orthodontics



**DR. ATHIRA C P**  
Dept. of Oral & Maxillofacial  
Pathology



**DR. HARISH CHANDRAN**  
Dept. of Periodontics



**DR. ANN GEORGE**  
Dept. of Prosthodontics



**DR. PARVATHY R**  
Dept. of Oral & Maxillofacial  
Surgery



**DR. SREELAKSHMI V**  
Dept. of Pediatric &  
Preventive Dentistry



**DR. RAHMATH A**  
Dept. of Physiology

Empowering  
Future Dentists:  
IGIDS Undergraduates Lead the  
Way in **PIONEERING  
RESEARCH**

# UNDERGRADUATE RESEARCH

IGIDS places a significant emphasis on fostering a robust research culture among its undergraduate students. Recognizing that early exposure to research is crucial for developing critical thinking, problem-solving skills, and a scientific temperament, IGIDS actively promotes and supports various undergraduate research initiatives. A cornerstone of this commitment is the encouragement and facilitation of student participation in prestigious programs such as the **ICMR Short Term Studentship (STS)** program and the **KUHS Research Appreciation Awards**.



**4**  
PROJECTS  
SELECTED



**icmr**  
INDIAN COUNCIL OF  
MEDICAL RESEARCH  
Serving the nation since 1911



## KUHS RESEARCH APPRECIATION AWARD

A total of **15** project proposals were submitted, and all 15 received approval. The research reports for these projects were submitted in May 2025, and by June 2025, all were approved, marking the **highest number of approvals for Colleges under KUHS**.



# UNDERGRADUATE RESEARCH

Details of Students & Guides

## ICMR STS 2024

Sl.No	Name of student	Guide	Department
1.	Agnivesh B R	Dr. Niveditha	Oral and Maxillofacial Pathology
2.	Etna Rose	Dr. Pretty Prince P	Oral and Maxillofacial Pathology
3.	Adon Jose	Dr. Divya Nair	Oral Medicine and Radiology
4.	Athira Elizabeth K C	Dr. Priya Babu	Public Health Dentistry

## KUHS RESEARCH APPRECIATION AWARDS

Sl.No	Name of student	Guide	Department
1.	Achsah Mery Philip	Dr. Shabil Mohamed Mustafa	Oral Medicine and Radiology
2.	Nandhana Naveen	Dr. Nadah Najeeb Rawther	Oral Medicine and Radiology
3.	Gopika Menon	Dr. Divya Nair	Oral Medicine and Radiology
4.	Gayathri M	Dr. Gigi Roy	Oral Medicine and Radiology
5.	Neeraja S Kumar	Dr. Pinky Varghese	Prosthodontics
6.	Navya Binu	Dr. Sethu S	Prosthodontics
7.	Ardhra B S	Dr. Parvathy R	Oral and Maxillofacial Surgery
8.	Ajna Aysha	Dr. Subramaniam R	Public Health Dentistry
9.	Shefna Salley	Dr. Jesline Merly James	Public Health Dentistry
10.	Shehna R	Dr. Priya Babu	Public Health Dentistry
11.	Anol Jose	Dr. Manju Babu	Periodontics
12.	Hamna Shameer	Dr. Anakha Mariam Basil	Periodontics
13.	Sree Kavya A	Dr. Harish Chandran	Periodontics
14.	Merlin Aju	Dr. Pretty Prince P	Oral and Maxillofacial Pathology
15.	Midhun Nath M	Dr. Haripriya Krishnakumar	Pedodontics

# CDE PROGRAM IN COLLABORATION WITH IDA MALANADU

A lecture, demonstration, and hands-on workshop on the topic “Anterior Composite Layering” was conducted by Dr. Rajeev S. Pillai, a renowned aesthetic and biomimetic dentist. The program was organized by IDA Malanadu and hosted by the Indira Gandhi Institute of Dental Sciences, Kothamangalam, on 15th June 2025. The workshop provided participants with valuable new insights into aesthetic rehabilitation techniques using anterior composite.



## FACULTY ACHIEVEMENTS

**Celebrating the Successes and Milestones of Our Proud Faculty**

Dr. Pretty Prince P, Senior Lecturer, Department of Oral and Maxillofacial Pathology & Oral Microbiology, secured the **Second Prize** in the Poster Presentation category at the 6th Annual Triple ‘O’ Conference held in Kottayam.

## ALUMNI ACHIEVEMENTS

Our IGIDS alumni stand as a living testament to our mission, spreading healthy smiles and building stronger communities wherever they go.



# STUDENT ACHIEVEMENTS

Our students have excelled across various international and national conferences and academic competitions, securing top prizes in paper and poster presentations. Here are the highlights of their achievements.



ACADEMIC EXCELLENCE



AWARDS FOR CONFERENCE PRESENTATIONS

## KUHS UNIVERSITY EXAM BATCH TOPPERS



GAYATHRI M  
2020 BATCH



ATHIRA ELIZABETH  
2021 BATCH



ARCHANA S MOHANAN  
2023 BATCH

## 2023 BATCH DISTINCTION HOLDERS



JYOTHILEKSHMI G



DONA SAM



AMALENDHU J R



APARNA S KADAVIL



SHREYA S VARRIER



ADITHYA KRISHNA



VANDHANA P VINOD



ETNA ROSE



VISHNUMAYA V



DEVANANDHA SHIBU



CHRISTEENA THOMAS



SREYA NIJU

IGIDS offered an incredible opportunity through its Student Mobility Program with MAHSA University, Malaysia, in February 2025. Three interns from the 2019 Batch, Ms. Mariyam Vaheedudheen, Ms. Josy B Jose, and Ms. Athulliya K, participated in the program. The initiative fostered cultural understanding, enhanced language skills, promoted personal and professional growth, and helped build international networks.

It provided a unique opportunity to experience a completely different academic ecosystem, offering exposure to new teaching styles, academic expectations, and coursework.

The MoU signed with MAHSA University aims to nurture academic collaboration, research advancements, and student exchange programs, paving the way for expanded global learning opportunities.



# STUDENT MOBILITY PROGRAM

# FACULTY DEVELOPMENT PROGRAM MEDICAL EDUCATION TECHNOLOGY

A three-day Faculty Development Program on Medical Education Technology was organized by the Faculty Development Unit (Dental Education Unit) and the Academic Forum of IGIDS from 11th to **13th March 2025** at the CDE Hall. The session was attended by 24 teaching faculty members. Two of our faculty, Dr. Subramaniam R and Dr. Shabil Mohamed Mustafa, who had previously attended the Training of Trainers (ToT) program organized by KUHS: served as the resource persons. The program was approved by KUHS and conducted in strict accordance with its guidelines.



Dr. Subramaniam R  
Dr. Shabil Mohamed Mustafa

Faculty Development Program on  
**MEDICAL EDUCATION  
TECHNOLOGY**

11 12 13 MARCH 2025 09 AM 05 PM CDE Hall

Organized by: Dental Education Unit (Faculty Development Unit), Academic Forum & IGIDS

IGIDS  
INDIRA GANDHI INSTITUTE OF DENTAL SCIENCES  
I.A.F.  
Dental Education Unit (Faculty Development Unit), Academic Forum & IGIDS  
88478 90000



# FACULTY IN FOCUS

LEADING THE WAY!

Beyond their teaching and research, many of our faculty members are actively shaping their disciplines as office bearers in prestigious associations. This commitment to leadership and service truly sets them apart!

## DR. SANU TOM ABRAHAM

SENATE MEMBER,  
KERALA UNIVERSITY OF HEALTH SCIENCES, THRISSUR



## DR. ELDHO T PAUL

PRESIDENT,  
INDIAN DENTAL ASSOCIATION, MALANADU BRANCH



## DR. BIJOY JOHN

EXECUTIVE COMMITTEE MEMBER,  
COCHIN PERIODONTISTS SOCIETY



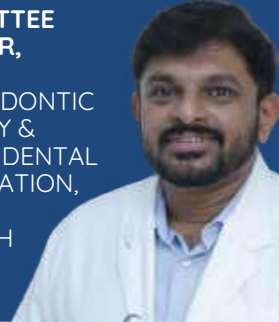
## DR. DINESH KAMATH

EXECUTIVE MEMBER,  
CONSERVATIVE & ENDODONTIC SOCIETY OF KERALA



## DR. PRASANTH P S

EXECUTIVE COMMITTEE MEMBER,  
INDIAN ORTHODONTIC SOCIETY & INDIAN DENTAL ASSOCIATION, KOCHI BRANCH



## DR. NIVEDITHA

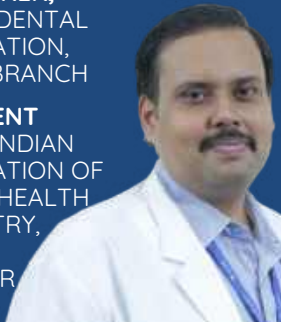
EXECUTIVE COMMITTEE MEMBER,  
KAIRALI SOCIETY OF ORAL AND MAXILLOFACIAL PATHOLOGISTS



## DR. SUBRAMANIAM R

TREASURER,  
INDIAN DENTAL ASSOCIATION, KOCHI BRANCH

PRESIDENT ELECT,  
INDIAN ASSOCIATION OF PUBLIC HEALTH DENTISTRY, KERALA CHAPTER



## DR. SHABIL MOHAMED MUSTAFA

JOINT SECRETARY,  
ASSOCIATION OF STOMATOLOGISTS & MAXILLOFACIAL IMAGOLOGISTS OF KERALA



## DR. MANJU BABU

EXECUTIVE COMMITTEE MEMBER,  
SOCIETY OF PERIODONTIST & IMPLANTOLOGISTS OF KERALA (SPIK)



## DR. ATHIRA C P

JOINT SECRETARY,  
KAIRALI SOCIETY OF ORAL AND MAXILLOFACIAL PATHOLOGISTS



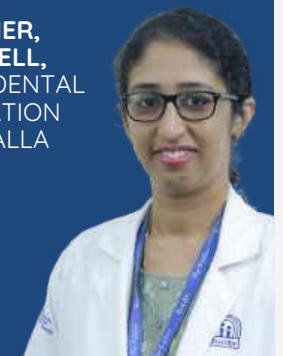
## DR. HARISH CHANDRAN

EXECUTIVE COMMITTEE MEMBER,  
INDIAN DENTAL ASSOCIATION, MALANADU BRANCH



## DR. GIGI ROY

CONVENER,  
MEDIA CELL,  
INDIAN DENTAL ASSOCIATION THIRUVALLA BRANCH



# OUR FACULTY AS RESOURCE PERSONS

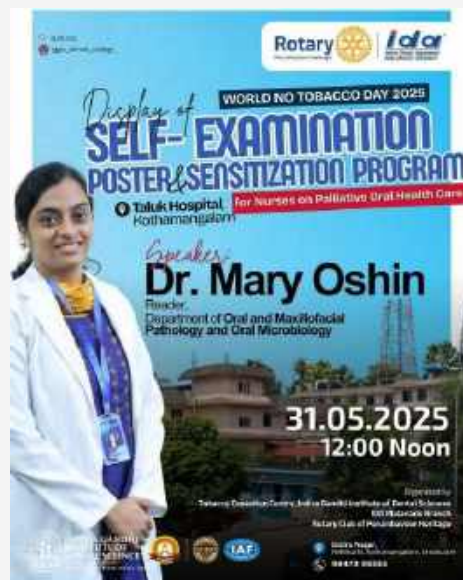
Our esteemed faculty continue to make significant contributions beyond the classroom, serving as resource persons at various academic forums, workshops, and conferences. Their expertise and active involvement in knowledge dissemination reflect the academic strength and reputation of IGIDS!



**Dr. Nadah Najeeb Rawther**, Reader, Oral Medicine and Radiology



**Dr. Manju Babu**  
Reader, Periodontics



**Dr. Mary Oshin**,  
Reader, Oral & Maxillofacial  
Pathology & Oral Microbiology



**Dr. Subramaniam R**,  
Professor and Head, Public  
Health Dentistry

# DAYS OF OBSERVANCE

## JANUARY - JUNE 2025

### PROSTHODONTISTS DAY 2025

The Department of Prosthodontics at IGIDS observed Prosthodontists' Day with an enlightening session by Dr. Prisly Thomas, MDS (Prosthodontics), Diplomate, American Board of Orofacial Pain, currently serving as Assistant Professor at Believers Church Medical College, Kerala. The session focused on the role of stabilization appliances in TMJ disorders and myofascial pain, along with detailed demonstrations of their fabrication techniques. It provided valuable insights into the management of orofacial pain and approaches to comprehensive prosthodontic rehabilitation.



### WORLD CANCER DAY 2025

The Department of Oral Medicine & Radiology at Indira Gandhi Institute of Dental Sciences observed World Cancer Day on February 4, 2025 by conducting an awareness talk for patients. Self-screening demonstration videos were also displayed in the department to educate attendees. Interns posted in the department actively participated by distributing informative pamphlets to patients, thereby spreading awareness about the etiology and prevention of cancer.



### ORAL AND MAXILLOFACIAL SURGERY DAY 2025

As part of OMFS Day observance, the Department of Oral and Maxillofacial Surgery at IGIDS organized an insightful session on "The Role of Dentists in Early Detection and Prevention of Oral Cancer" on 13th February 2025. The resource person, Dr. Sudheesh Manoharan (Senior Consultant - Head & Neck Surgery, MVR Cancer Centre, Kozhikode), highlighted the critical role of dentists in identifying early signs of oral cancer and stressed the importance of interdisciplinary collaboration in patient care.

A series of interactive competitions, including a quiz, caption contest, and “A Minute to Win It”, fostered enthusiastic student participation and creativity. The celebration effectively blended academic enrichment with awareness and engagement, serving as a fitting tribute to the OMFS specialty. The Department of Oral and Maxillofacial Surgery at IGIDS also actively participated in the International OMFS Day celebrations held on 16th February 2025 at Durbar Hall Ground, Ernakulam, organized by the State AOMSI. The event focused on promoting awareness about oral cancer detection and screening.

As part of the program, IGIDS students and interns joined a Walkathon, emphasizing the importance of early diagnosis and prevention. The celebrations also featured an engaging oral cancer awareness skit and a vibrant dance performance by the students, creatively conveying the significance of timely intervention.



## NATIONAL PERIODONTIST DAY 2025

National Periodontist Day was observed at IGIDS on 24th February 2025. The Department of Periodontics organized a poster competition for students to mark the occasion. The program aimed to create awareness about this year’s theme, “Say No to Bleeding Gums.”



## NATIONAL ORAL PATHOLOGISTS DAY 2025

National Oral Pathologists Day Celebration 2025 was organized by the Department of Oral and Maxillofacial Pathology and Oral Microbiology on 25th February 2025. The event featured a series of engaging competitions, including ‘O’path Hustle (Oral Pathology Quiz), Histomorpho Hunt (DAOH Quiz), ‘O’path Grid (Oral Pathology Crossword), and Histomorpho Grid (DAOH Crossword), which drew enthusiastic participation from students.

The program also included a felicitation ceremony recognizing academic excellence and contributions to the field. The celebration was a testament to IGIDS’ commitment to fostering knowledge, skill development, and passion for Oral Pathology.



## DENTISTS' DAY 2025

The College Union, in association with the IDA Malanadu Branch, organized a dental screening camp at Kothamangalam Private Bus Stand on 6th March 2025 in observance of Dentists Day 2025. The program featured oral screening, distribution of awareness pamphlets, and a lively flash mob. Held under the theme **"Smile with Confidence, Honour Your Dentist,"** the event aimed to promote oral health awareness in the community. Free dental check-ups, educational sessions, and expert consultations were provided, reinforcing IGIDS's commitment to community health and quality dental care.

Dr. Alias Thomas, Past National President of IDA, was the Chief Guest. In his address, he inspired young budding dentists to chase their dreams with consistent passion and selfless dedication towards dentistry.



## CONS AND ENDO DAY 2025

The Department of Conservative Dentistry & Endodontics at IGIDS successfully celebrated 'CONS ENDO DAY 2025' on 18th March 2025 by organizing a CDE program on the topic **"Beyond Boundaries."** The session was led by Dr. Kavya Maheesan (MDS, PhD Scholar, Assistant Professor, Kannur Dental College), who shared her expertise on the latest innovations and advancements in dental practice. The event served as a valuable learning experience for all participants, marking another milestone in IGIDS's commitment to promoting cutting-edge dental education.



## ORAL CANCER AWARENESS MONTH

The Department of Oral & Maxillofacial Pathology and Oral Microbiology, along with the Department of Oral Medicine & Radiology, celebrated Oral Cancer Awareness Month in April 2025. Informative pamphlets were distributed to the public, and students undertook a "No Drugs" pledge. The Department of Oral Medicine & Radiology displayed self-screening demonstration videos for the public, while the Department of Oral & Maxillofacial Pathology organized a door-to-door oral cancer awareness campaign in wards 8, 9, and 11 of Nellikuzhi Panchayath. Various student competitions were also conducted as part of the observance, and Dr. Athira C. P. delivered an oral cancer awareness talk to first-year BDS students.



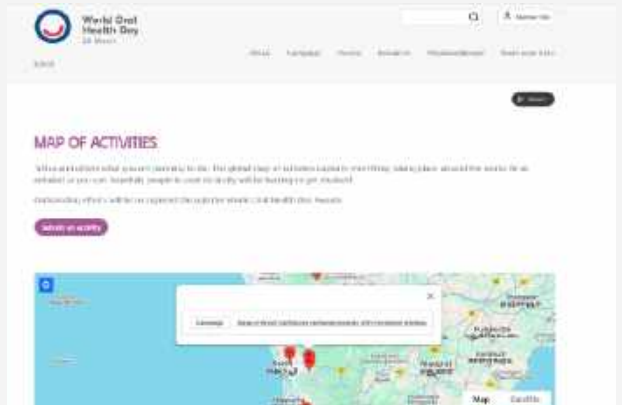
## NATIONAL ORAL MEDICINE AND RADIOLOGY DAY 2025



The Department of Oral Medicine and Radiology, in association with the Academic Forum, successfully organized the National Oral Medicine and Radiology Day 2025 at IGIDS, Nellikuzhi, on 24th April 2025. The celebration began with an awareness talk for patients, followed by a live demonstration on oral cancer self-screening techniques. Dr. Nadah Najeeb Rawther conducted an engaging session on the topic “Meth, Mouth and Beyond,” which was followed by a quiz competition for students and interns.



## WORLD ORAL HEALTH DAY 2025



The observance of World Oral Health Day 2025 featured a range of impactful initiatives. The “Swap-A-Brush” program, held on 19th and 20th March, facilitated the exchange of over 270 old toothbrushes for new oral hygiene kits,

promoting better practices through awareness talks and demonstrations. The event was also mapped on the FDI website.

Several dental treatment camps were organized in observance of World Oral Health Day. On 21st March, a camp was conducted at CSI Karunalayam Special School, Aluva, in association with the Departments of Pedodontics and Preventive Dentistry and Public Health Dentistry, followed by another camp on 23rd March at Punnekkad. Both camps offered dental screening and essential treatment services, along with oral hygiene awareness talks and the distribution of oral care kits to participants.



A CDE program on “The Impact of Restorations in Oral Hygiene” was organized by the Departments of Periodontics and Public Health Dentistry, featuring Dr. Majo Ambooken, Professor & Head, Department of Periodontics, Mar Baselios Dental College, Kothamangalam. The insightful seminar aimed to keep dental professionals updated on current practices.

As part of the celebrations, a selfie booth was set up on 19th and 20th March to draw attention to oral health among visiting patients. Additionally, the Department of Periodontics conducted photography and bottle art competitions for students, with prizes distributed on 20th March, encouraging creative engagement with the theme of oral health.



## WORLD DOWN SYNDROME DAY 2025

A dental screening and treatment camp was held at CSI Karunalayam, Aluva on 21st March 2025, organized by the Departments of Pedodontics and Preventive Dentistry and Public Health Dentistry at IGIDS in observance of Down's Syndrome Day. Oral prophylaxis and basic restorative procedures were provided for those in need, while oral health education sessions were conducted for the caretakers. Oral hygiene aids were also distributed to them as part of the initiative.



## WORLD ORTHODONTIC HEALTH DAY

On 15th May 2025, in observance of World Orthodontic Health Day, the Department of Orthodontics and Dentofacial Orthopaedics, in collaboration with the Academic Forum of IGIDS, hosted a series of expert sessions focusing on the medico-legal dimensions of dental practice. The event featured engaging lectures by renowned speakers: Dr. Babukuttan Pillai on Doctor-Patient Relationship & Patient Rights, Dr. Heera R on Informed Consent & Documentation, and Dr. George Skariah P on Negligence in Dental Practice. These sessions offered students and practitioners valuable insights into the ethical and legal responsibilities essential to modern dental care. A live Moot Court provided participants with a first-hand look at courtroom proceedings related to dental negligence, reenacting a realistic medico-legal scenario and highlighting the importance of documentation, ethical conduct, and legal preparedness in dental practice.



# GUM HEALTH DAY 2025

The Department of Periodontics at Indira Gandhi Institute of Dental Sciences (IGIDS) commemorated Gum Health Day 2025 with a lively and engaging event on 12th May 2025. The celebration featured a debate competition and a gum health awareness program aimed at promoting the significance of periodontal health among students and the community. The event witnessed active participation and enthusiastic discussions on oral health awareness, preventive care, and the vital role of healthy gums in overall well-being.



# WORLD DAY AGAINST CHILD LABOUR 2025

In observance of World Day Against Child Labour, the Department of Pedodontics and Preventive Dentistry organized a debate and quiz competition for the students and interns of IGIDS on 13th June 2025. The theme for this year was "Progress is clear, but there's more to do: let's speed up efforts." The event aimed to promote critical thinking and effective communication among students through intellectually stimulating activities. It concluded successfully, serving as an excellent platform for participants to enhance their academic knowledge, analytical skills, and public speaking abilities, while fostering healthy academic engagement and cultivating essential competencies for future dental professionals.



# WORLD NO TOBACCO DAY 2025

World No Tobacco Day is observed annually on 31st May to raise awareness about the detrimental health effects of tobacco, with the 2025 theme “Unmasking the Appeal” focusing on manipulative industry tactics. At our institution, where a Tobacco Cessation Centre (TCC) has been operational since 2012, World No Tobacco Day 2025 was marked by a week of diverse events involving extensive intersectoral collaboration. Partners included the TCC, various departments, NSS Unit, College Union, SSGP Unit, NGOs such as the Rotary Club of Perumbavoor Heritage and the Indian Dental Association (Malanadu Branch), local governing bodies like Perumbavoor Municipality, and school authorities including Asram School, Perumbavoor.



**PAMPHLET DISTRIBUTION**



**AWARENESS CLASSES**

**AWARENESS POSTERS AT NEARBY SHOPS**



**OATH TAKING & DEBATE COMPETITION & VARIOUS ACTIVITIES AT IGIDS**



**PALLIATIVE ORAL HEALTH CARE & SELF EXAMINATION AWARENESS**

**AWARENESS BOARD DISPLAY AT TALUK HOSPITAL**



**OATH TAKING and ESSAY COMPETITION IN SCHOOL**

**AWARENESS IN CINEMA THEATRES**

# ACADEMIC FORUM ACTIVITIES

The Academic Forum, in collaboration with various departments of IGIDS, continually strives to enhance the knowledge and skills of undergraduates, interns, and faculty members, keeping them updated on the latest advancements in dentistry. It serves as a valuable platform contributing significantly to overall academic and clinical growth, fostering meaningful interaction between participants and their tutors for a deeper understanding of the subject matter. The following CDE programs were organized under its banner.

<p><b>1</b></p> <p><b>Revolutionizing Prosthodontics: The Digital Era</b></p> <p>DR. AMBI LI RAVEENDRAN Reader, Prosthodontics</p> <p>📅 14.01.2025</p>	<p><b>2</b></p> <p><b>Ten Commandments of Smile Esthetics</b></p> <p>DR. ALEN ELDHO Senior Lecturer, Orthodontics</p> <p>📅 14.01.2025</p>
<p><b>3</b></p> <p><b>Faculty Development Program</b></p> <p>DR. SUBRAMANIAM R Professor &amp; Head, Public Health Dentistry</p> <p>DR. SHABIL MOHAMED MUSTAFA Professor &amp; Head, Oral Medicine &amp; Radiology</p> <p>📅 11.03.2025-13.03.2025</p>	<p><b>4</b></p> <p><b>Beyond Boundaries</b></p> <p>DR. KAVYA MAHEESAN Asst. Professor, Kannur Dental College</p> <p>📅 18.02.2025</p>
<p><b>5</b></p> <p><b>Meth, Mouth and Beyond</b></p> <p>DR. NADAH NAJEEB RAWTHER Reader, Oral Medicine &amp; Radiology</p> <p>📅 24.04.2025</p>	<p><b>6</b></p> <p><b>Medico Legal Challenges &amp; Beyond</b></p> <p>DR. GEORGE SKARIAH Former Faculty, PMS Dental College Trivandrum</p> <p>DR. HEERA R Former faculty, GDC Trivandrum</p> <p>DR. BABUKUTTAN PILLAI Faculty, GDC Trivandrum</p> <p>📅 15.05.2025</p>






# NSS UNIT ACTIVITIES

The NSS Unit of Indira Gandhi Institute of Dental Sciences (IGIDS), Kothamangalam, Kerala, plays a pivotal role in fostering social responsibility and a spirit of community service among dental students. Established in December 2022 with registration number NSS/SFU/ERK/KUHS/8, the unit currently has over 70 active volunteers. Dr. Priya Babu (Senior Lecturer, Public Health Dentistry) serves as the Program Officer, while Dr. Harish Chandran, Dr. Gigi Roy, Dr. Parvathy R, and Dr. Ann George serve as committee members. The activities of the NSS Unit are listed below.

## 1 ANTI-DRUG AWARENESS CAMPAIGN

The campaign was held from 8th April to 10th April 2025 with the aim of spreading awareness about the harmful effects of drug abuse and encouraging students to lead a healthy, substance-free lifestyle. Conducted in association with the AAROHA College Union under the motto “Empowering Youth to Choose Life,  Not Drugs”, the program featured a series of engaging activities, including signature campaigns, a themed photo booth, awareness posters displayed around the college premises, a poster/collage-making competition for students, and a caption-writing contest.



## MEDICAL CAMP

2

Conducted on 13th May 2025 in association with DDRC Agilus, the camp offered a range of essential diagnostic tests at discounted prices. A total of 39 individuals, including students, faculty members, and staff of IGIDS, benefited from the initiative.



## JEEVANA 5.0

3

The Blood Donation Campaign, conducted on 21st May 2025 in association with IMA Kothamangalam, aimed to promote a culture of regular blood donation among young people while increasing the diversity and sustainability of the blood donor pool.

## WORLD NO TOBACCO DAY

4

“Unmasking the Appeal: Exposing Industry Tactics on Tobacco and Nicotine Products”, jointly organized in association with the Tobacco Cessation Centre (TCC), IDA Malanadu, Perumbavoor Municipality, and the Rotary Club of Perumbavoor Heritage, was conducted on 31st May 2025. The program included the distribution of awareness pamphlets to the public, and anti-tobacco display boards were installed in local shops around the IGIDS campus to reinforce the message.



## SEMINAR ON PRIMARY TRAUMA CARE IN ROAD TRAFFIC ACCIDENTS

Conducted on 28th May 2025 in association with the Department of Oral and Maxillofacial Surgery, IGIDS and IMA Kothamangalam, the program focused on safe helmet removal in road traffic accident victims, proper spinal immobilization and patient transfer techniques to prevent further injury, and demonstrations of effective Cardiopulmonary Resuscitation (CPR).



5

# STUDENT SUPPORT AND GUIDANCE PROGRAM (SSGP) ACTIVITIES

The SSGP unit at IGIDS is an integral part of the institution's commitment to the holistic development and well-being of its students. Recognizing that academic success is often intertwined with personal and emotional stability, the SSGP aims to provide a comprehensive support system.

22 April 2025 📅

## ORIENTATION PROGRAM FOR INTERNS

**In collaboration with: Dental Education Unit**

The orientation program was designed to prepare students for hands-on patient care, interdepartmental rotations, and the application of clinical knowledge with compassion and precision. It served as an important step in bridging the gap between academic learning and real-world dental practice.



4 March 2025 📅

## THIRD BDS ORIENTATION PROGRAM

**In collaboration with: Dental Education Unit**

This program provided students with valuable insights into the various dental departments and their functioning. In addition, it included sessions on communication skills, chair positioning, and effective clinical management of patients, helping students transition smoothly into their clinical training phase.



19 June 2025 📅

## READERS' DAY CELEBRATION

**In collaboration with: Aaroha College Union**

Celebrated under the theme "Reading: Connecting People Across Generations in Society", the day featured a range of activities promoting reading habits and literary engagement. Students actively participated in discussions, competitions, and creative programs highlighting the joy and value of reading.



5 June 2025 📅

## WORLD ENVIRONMENT DAY

In association with: Aarooha College Union & Nature's Club

The day was observed with a sapling plantation drive and a student competition on eco-installations using recyclable materials. The activities aimed to foster environmental awareness and encourage sustainable practices among students.



26 June 2025 📅

## INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

In collaboration with: NSS Unit, Aarooha College Union & Nellikuzhi Grama Panchayat

The observance featured a pledge-taking ceremony, classroom discussions, flash mobs, and informative poster displays. The initiative aimed to spread awareness about the harmful effects of drug abuse and promote a drug-free community.



# AAROHA COLLEGE UNION ACTIVITIES



The Aaroha College Union at Indira Gandhi Institute of Dental Sciences (IGIDS), Kothamangalam, has once again proven to be the dynamic heart of student life, orchestrating a diverse array of events that foster both academic enrichment and vibrant cultural expression.



DENTIST'S DAY AT KOTHAMANGALAM BUS STAND



IFTAR PARTY



ANTI-DRUG AWARENESS CAMPAIGN



WORLD NO TOBACCO DAY



WORLD ENVIRONMENT DAY



WORLD ORAL HEALTH DAY 2025





ARTS FEST  
2024-25

# naatyaa

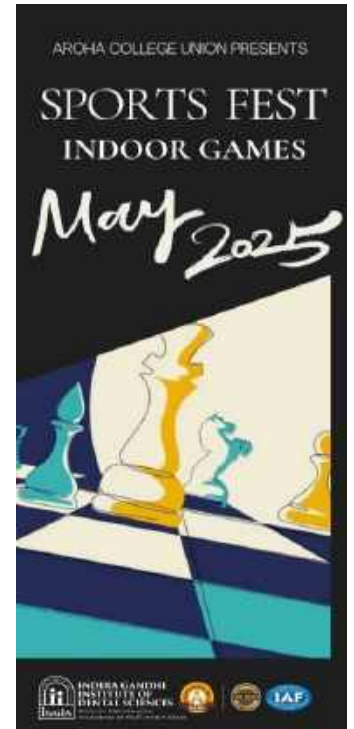
A highlight of Aaroha's calendar was Naatyaa, The Arts Fest, a spectacular celebration of creativity where students demonstrated their prowess in various artistic disciplines.



# AAROHA COLLEGE UNION ACTIVITIES



The Aaroha College Union at Indira Gandhi Institute of Dental Sciences (IGIDS), Kothamangalam, recently concluded its much-anticipated Sports Fest for indoor events. Intra-college caroms and chess competitions were held, with separate games scheduled for students and faculty. The sports events helped cultivate values of cooperation, sportsmanship, and a spirit of healthy competitiveness among both students and faculty.



The enriching excursion in February 2025 offered the 2023 batch students a unique opportunity to explore Goa beyond its famed beaches. While the charm of sun-kissed shores, swaying palm trees, and the infectious, laid-back rhythm of coastal life set the backdrop, the journey also unveiled the region's vibrant culture, historic

architecture, and bustling marketplaces. Students immersed themselves in local traditions, savored authentic Goan cuisine, and ventured into scenic landscapes that told stories

of nature and heritage alike. The carefully curated itinerary struck a perfect balance between adventure and cultural discovery. Participants returned not only with cameras full of photographs, but with hearts filled with cherished memories and bonds strengthened through shared experiences, making the tour yet another highlight in the IGIDS calendar.

# COLLABORATIVE ACTIVITIES OF NSS /SSGP /COLLEGE UNION

## Observance of International Day against Drug Abuse and Illicit Trafficking

The SSGP and NSS Units at IGIDS, in collaboration with the Aaroha College Union, successfully observed the International Day against Drug Abuse and Illicit Trafficking. The campaign, held from 25 to 26 June 2025, aimed to raise awareness about the harmful effects of drug abuse and to encourage students to lead a healthy, substance-free lifestyle.

## Seminar on “Decoding the Debilitating Effects of Drugs on Body”

A seminar on “Decoding the Debilitating Effects of Drugs on the Body” was conducted, with Dr. Nadah Najeeb Rawther, Reader in the Department of Oral Medicine and Radiology, serving as the resource person. She shared valuable insights into how drugs adversely affect the human body, highlighting both the medical and social consequences of drug abuse. The seminar aimed to raise awareness among budding dental professionals about the far-reaching impact of substance abuse, fostering a sense of responsibility in addressing this pressing issue.

## Pledge-Taking Ceremony

The pledge-taking by students emphasized the importance of staying away from harmful substances, promoting a healthy lifestyle, and encouraging peers to do the same.

## Competitions and Classroom Discussions

A series of activities provided students with a platform to engage in open conversations on the alarming issue of drug abuse. They were encouraged to share their suggestions in writing, fostering thoughtful dialogue. Students also showcased their creativity and advocacy through poster-making, debate, and reel-making competitions, each highlighting the message of a substance-free life.

## Activities with Local Self Government

Collaborative initiatives with the Local Self Government of Nellikuzhi Grama Panchayat aimed to extend the message of drug prevention beyond the campus and into the broader community. The program featured an anti-drug awareness rally, a flash mob, and a pledge-taking ceremony led by Bijoy P. T., Inspector of Police, Kothamangalam, who inspired participants with his strong message against substance abuse. These events not only educated the public but also empowered individuals to take a stand against substance abuse, reinforcing the message of prevention through collective action.





# CSR Corporate Social Responsibility Initiatives of IGIDS

Indira Gandhi Institute of Dental Sciences (IGIDS), Kothamangalam, actively integrates Corporate Social Responsibility (CSR) into its core mission, extending its impact beyond academic excellence to make a meaningful contribution to the broader community.

1

## Jagruthi- Care & Aware

As part of this commitment, IGIDS, in association with Indira Gandhi Institute of Engineering and Technology, Kothamangalam, organized a special radio awareness program titled “Jagruthi - Care and Aware” in observance of World Cancer Day. The session specifically focused on oral cancer, covering its etiology, symptoms, prognosis, and management aiming to educate the public and promote early detection and prevention.



2

## Blood Donation Camp

The NSS unit of IGIDS, in association with IMA Kothamangalam, organized the annual blood donation camp on 21 May 2025. This yearly initiative promotes voluntary blood donation, with enthusiastic participation from both students and staff, contributing to a lifesaving cause and fostering a spirit of community service.



3

## Hunger Free Hospital Project

As part of its CSR initiatives, IGIDS is actively implementing the Hunger-Free Hospital Project at Taluk Hospital, Kothamangalam, providing free and nutritious meals to underprivileged in-patients and their attendants. This initiative reflects the institution’s commitment to compassion, community support, and holistic well-being beyond clinical care.



4

## Caries Free School Project

The Caries-Free School Project at Muttathupara Lower Primary School (MLPS) is a school dental health initiative by IGIDS aimed at creating a “caries-free” school environment. The program promotes oral health among students through the active participation of students, teachers, parents, and other stakeholders, fostering a collaborative approach to preventive dental care.



Indira Gandhi Institute of Dental Sciences (IGIDS), Kothamangalam, continues its unwavering dedication to community well-being through a robust calendar of camps and outreach activities. This commitment extends beyond academic excellence, focusing on delivering essential oral healthcare services and promoting dental awareness within the wider community.

# CAMPS & OUTREACH



## SUPPORTING PARTNERS

JAN-JUNE 2025

- Schools
- Rotary Club
- Government of Kerala
- Professional Bodies
- Religious organisations
- Kothamangalam Municipality
- Perumbavoor Municipality
- Old age homes
- Destitute homes
- Special Schools
- Primary Health Centers
- NSS Units
- Indian Dental Association
- Government Hospitals
- Blood Bank
- Indian Medical Association
- NGO's
- Taluk Hospital



Resident's Association, Perumbavoor

## DENTAL CAMP LOCATIONS - January to June 2025

- |            |                 |              |
|------------|-----------------|--------------|
| Aluva      | Manickamangalam | Koovappady   |
| Paravur    | Kanjoor         | Perumbavoor  |
| Kalamssery | Kothamangalam   | Muttathupara |
| Ernakulam  | Angamali        | Punnekkad    |
| Thengode   | Mekkad          | Adimali      |



Adimali VHSS



Rotary, Kalamassery



OPPAM Mega Camp, Paravur



DH Ground, Ernakulam



Thengode Church



Muttathupara L P School  
(Caries free school Project)



Kothamangalam Bus stand



CSI Karunalayam Special School



Punnekkad Temple



Perumbavoor Bus Stand



Mekkad Church



Abhaya Bhavan, Koovappady

# FACULTY/ STUDENT

## PUBLICATIONS JAN-JUN 2025

1. Thomas NA, TS, Thimmaiah C, **Pinky Varghese**, Sabu N, **Pretty Prince**, **Athira K Sasi**. Comparative evaluation of deciduous and permanent coronal caries using polarizing light microscopy and scanning electron microscopy. *Scientific World Journal*. 2025 Jan 7;2025:4431399.
2. Mahdi AA, Dhamali D, Hari K, **Dinesh Kamath**, Issac E, **Varsha Sam**, Ali AK. Marginal leakage of retrograde filling materials using stereomicroscope: An in vitro study. *Bioinformation*. 2025;21(3):394-398.
3. Deepthi G, Keerthi SS, **Mary Oshin**. Assessment and comparison of natural dyes like *Lawsonia inermis*, *Zingiber officinale*, *Curcuma longa*, *Beta vulgaris*, Kumkum, and *Hibiscus rosa-sinensis* with eosin as a cytoplasmic stain in oral histopathologies. *Cureus*. 2025;17(2).
4. Ameena M Siyad, Akhila A, **Subramaniam R**, **Shabil Mohamed Mustafa**, **Jesline Merly James**, **Priya Babu**. Assessing the validity and accuracy of artificial intelligence technologies for identifying relevant literature in dentistry. *Journal of Nature and Science of Medicine*. 2025;8(2):135-138.
5. **Nezy Varghese**, **Rajesh R**, **Darsana Krishnan**, **Sreelakshmi Vasu**. Sodium valproate-induced gingival enlargement in a pediatric patient: A case report with surgical intervention. *Cureus*. 2025 Jun 22;17(6).
6. **Riyas Karim**, T Krothapalli N, Cherukumalli NC, Kapalavayi, Zeba Naz, Shwetha D. ChatGPT and dentistry – A review. *International Journal of Life Sciences, Biotechnology and Pharma Research*. 2025;14(6):115-117.
7. **Mallika Balagopal**, **Alexander Shiney Sara**, **Jesnim S**, **Jesline Merly James**, **Priya Babu**, **Athira CP**, **Suneesh Kuruvilla**, **Subramaniam R**. Knowledge, attitude, and practices regarding monkeypox among final-year dental undergraduate students, house surgeons, and dental practitioners in Ernakulam district, Kerala. *Journal of Nature and Science of Medicine*. 2025;8(2):175-180.
8. **Subramaniam R**, Pooja Latti. Dental undergraduate curriculum in India: A SWOC analysis. *Journal of the Indian Dental Association, Kochi*. 2025;7(1):24-32.
9. **Prasanth Prathapan Santhakumari**, **Sanu Tom Abraham**, **Eldho Thuruthumalil Paul**, **Eunice John**, **Alen Eldho**, **Vighnesh Varma Raja**. The article titled 'Impact of orthodontic treatment on temporomandibular joint function in adolescents: A longitudinal study' has been accepted for publication in *Biomedical Informatics*.
10. **Anjitha Devaraj**. The article titled 'Evaluation of the impact of thermocycling on different orthodontic clear aligner materials shear strength – An in vitro study' has been accepted for publication in *Journal of Contemporary Dental Practice*.



Applauding our exemplary library users whose passion for learning shines through their regular visits and usage!

# BEST LIBRARY USERS

JANUARY 2025-JUNE 2025

## JANUARY 2025

- 2018: **Nejiya Ibrahim**
- 2019: **Josy B Jose**
- 2020: **Riya Jose**
- 2021: **Amrutha S Pavithran**
- 2022: **Pournami K**
- 2023: **Nandhana P Vinod**
- 2024: **Rose Mary Sajeev**

## FEBRUARY 2025

- 2019: **Mebin Manoj**
- 2020: **Ardhra B S**
- 2021: **Aparna J A**
- 2022: **Arathy V S**
- 2023: **Etna Rose**
- 2024: **Sara Sosa Moby**

## MARCH 2025

- 2019: **Mebin Manoj**
- 2020: **Ardhra B S**
- 2021: **Harshini Devi J**
- 2022: **Vyshnav K V/Fins Baiju**
- 2023: **Etna Rose**
- 2024: **Sara Sosa Moby**

## APRIL 2025

- 2019: **Josy B Jose**
- 2020: **Andriya Basil**
- 2021: **Esha Mariyam Mathew**
- 2022: **Arathy V S**
- 2023: **Arya Krishna**
- 2024: **Rose Mary**

## MAY 2025

- 2019: **Josy B Jose**
- 2020: **Aariya K S**
- 2021: **Mansoor Ahamed P S**
- 2022: **Vaishnav K V**
- 2023: **Vaishnav S Panicker**
- 2024: **Vishnupriya C G**

## JUNE 2025

- 2019: **Mebin Manoj**
- 2020: **Ardhra B S**
- 2021: **Aparna J A**
- 2022: **Arathy V S**
- 2023: **Etna Rose**
- 2024: **Sara Sosa Moby**



NAAC **A** Grade Accredited



ISO 9001:2015 Accredited



IAF Accredited Institution

WEBSITE



SCAN ME

INSTAGRAM



SCAN ME



**INDIRA GANDHI  
INSTITUTE OF  
DENTAL SCIENCES**

**98473 95555**

Indira Nagar, Nellikuzhi,  
Kothamangalam, Ernakulam